

Individualized Education Program (IEP)

Individualized Education Program (IEP)

Meet Ash

1 Hi! My name is Ash.

2 I'm 14 years old and I have an intellectual disability.

3 I'm beginning to think about life after high school! I'm learning that there's a lot I can do to plan and prepare for my future..

4 It all started when I had a meeting with my teachers, my mom, my school principal, and my speech therapist.

5 We talked about my goals during something called an IEP meeting. "IEP" stands for Individualized Education Program, which is a special plan made just for me to help me do well in school. But the IEP isn't just about what happens in school; it's also about planning for life after high school, too.

IEP Individualized Education Program

Current Year _____



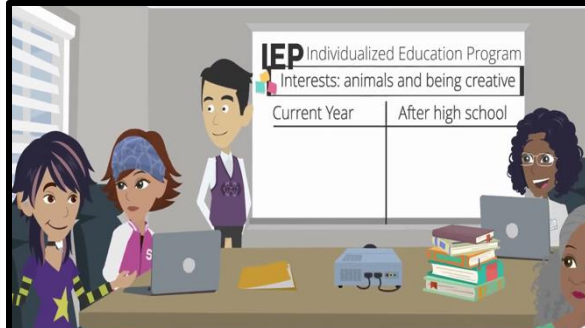
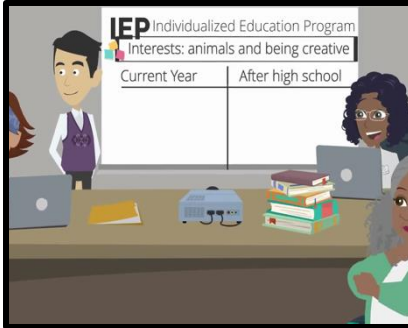
6 At the meeting, they asked me about what I wanted to do after high school.



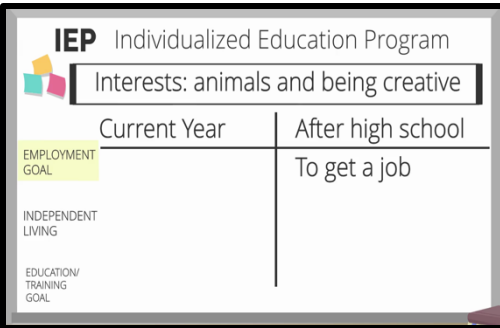
7 "What do you like doing now, Ash?" my teacher asked.



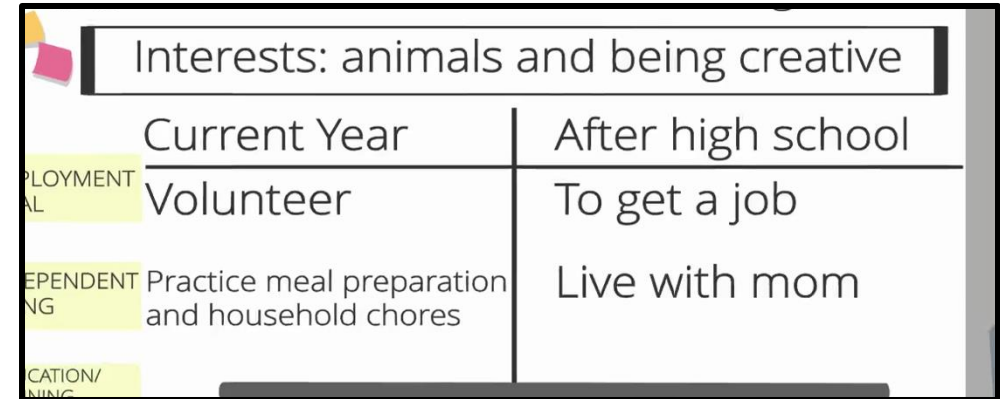
8 I thought about it for a minute and said, "I like caring for animals and being creative. Maybe I could work at an animal shelter, or do something with art."



9 Everyone nodded, and it made me feel awesome to know I had a say in my future.



10 One of my goals is to get a job one day, so I'm going to start building my skills through volunteering.



11 We also talked about my independent living goal. My Mom and I don't think I'll be ready to live in my own place right after high school, so I will continue to live with her. I still want to learn how to do more on my own, like making my own lunch and helping take care of the house.

IEP Individualized Education Program

Interests: animals and being creative

Current Year	After high school
<div>EMPLOYMENT GOAL</div> Volunteer	To get a job
<div>INDEPENDENT LIVING</div> Practice meal preparation and household chores	Live with mom
<div>EDUCATION/ TRAINING GOAL</div>	

12 For my education/training goal, we decided to leave it blank for now...I'm not sure about college yet.

IEP Individualized Education Program

Interests: animals and being creative

Current Year	After high school
<div>EMPLOYMENT GOAL</div> Volunteer	To get a job
<div>INDEPENDENT LIVING</div> Practice meal preparation and household chores	Live with mom
<div>EDUCATION/ TRAINING GOAL</div>	

13 Finally, we talked about when I would leave school. Most people leave when they turn 18, but since my goals are big and will take time, we decided I might stay until I'm 22.

IEP Individualized Education Program

Interests: animals and being creative

Current Year	After high school
<div>EMPLOYMENT GOAL</div> Volunteer	To get a job
<div>INDEPENDENT LIVING</div> Practice meal preparation and household chores	Live with mom
<div>EDUCATION/ TRAINING GOAL</div>	

14 I know that the school will help me set up another meeting next year to see how my plans are going.

IEP Individualized Education Program

Interests: animals and being creative

Current Year	After high school
<div>EMPLOYMENT GOAL</div> Volunteer	To get a job
<div>INDEPENDENT LIVING</div> Practice meal preparation and household chores	Live with mom
<div>EDUCATION/ TRAINING GOAL</div>	

15 I also know that my mom and I can request an IEP at any time if there is something we really need to talk with the school about.

IEP Individualized Education Program

Interests: animals and being creative

Current Year	After high school
<div>EMPLOYMENT GOAL</div> Volunteer	To get a job
<div>INDEPENDENT LIVING</div> Practice meal preparation and household chores	Live with mom
<div>EDUCATION/ TRAINING GOAL</div>	

16 I'm a bit nervous about what's to come, but now that I have a plan and know I can work toward it step by step, I feel more confident.

THE END