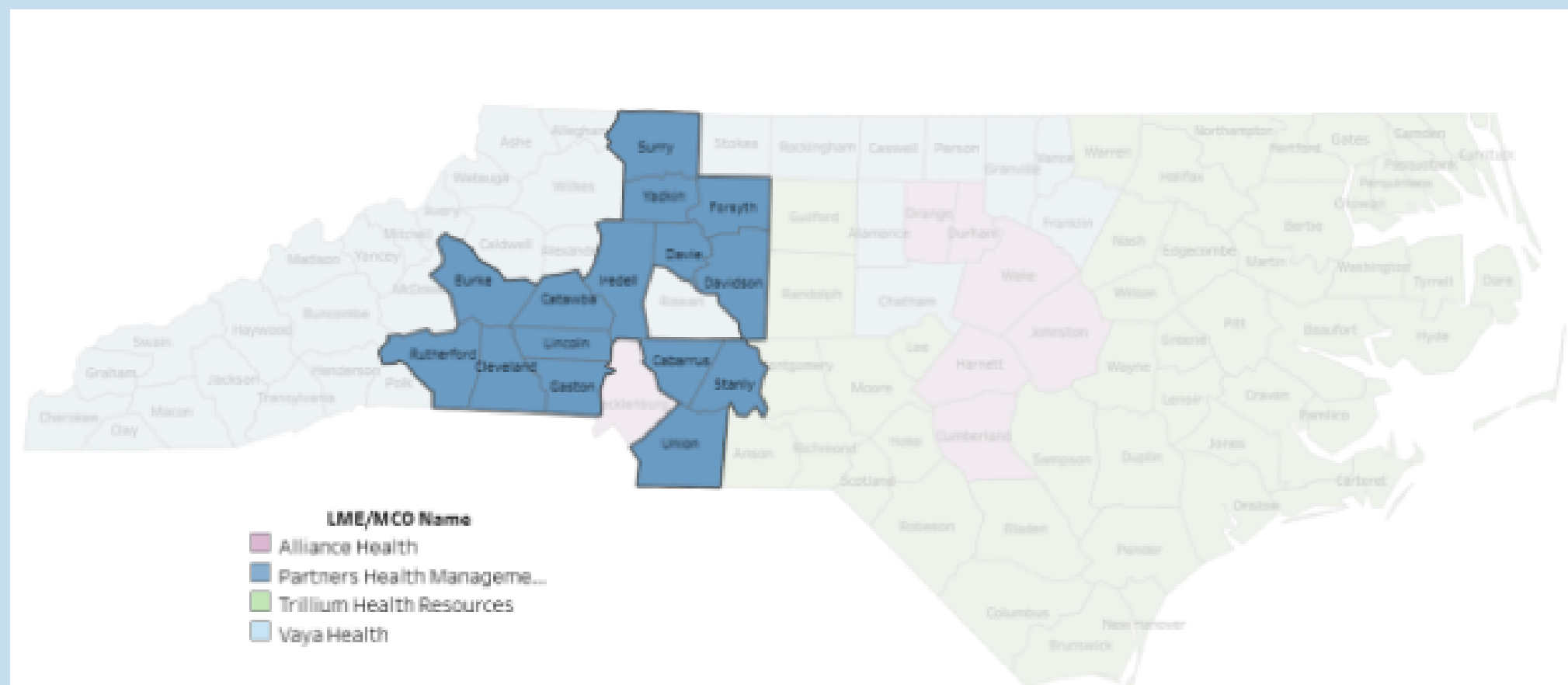


# NC IDD Inclusive Housing Communities Partners MCO Region Resource List

May 2025



This resource is for individuals with intellectual and/or developmental disabilities (IDD) who are interested in learning about new kinds of independent or supported living settings that may be available in their community or in other places in North Carolina.

This resource may also be helpful for family members, care providers, and community professionals who assist individuals with disabilities to find information about future housing options.



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# About This Resource

## What is the purpose of this resource?

You, your family members, and care partners can use this resource to learn about IDD-inclusive living arrangements that may be offered near you or in other areas of North Carolina.

**IMPORTANT!** Many of the communities listed in this resource may not have space to accept new residents at this time. However many offer social and informational opportunities to learn and connect with them. Visit their websites for information and participate in their activities. Through these connections you can work together to create more inclusive housing opportunities in new locations to meet the needs of more people.

## What is IDD Inclusive Housing?

- IDD Inclusive housing can look different in each community, but all IDD Inclusive communities offer adults with IDD many choices about new living spaces that support more independent living. Most times the living space is separate from where their family members live.
- IDD Inclusive housing is located with or near other individuals with IDD and near neighbors who try to make everyone feel welcome and supported.
- Some IDD Inclusive housing offers supports and services for each person's physical, emotional, and social needs.
- Residents in IDD-inclusive communities have many opportunities to participate in community activities and develop relationships with their neighbors, including people with IDD and people who do not have disabilities. Residents also have supports to find and access services and activities they choose. For example, many IDD-inclusive communities are located near public transportation access points and some have community facilitators to assist people to connect with each other and to support access to services and activities such as training, employment, health care, and recreation.





# About This Resource

## Who prepared this resource?

This resource was produced by UNC Teach Autism Program researchers, students, and volunteers, and community members who participate in the WorkTogether Housing & Community Living Work Group.

This collaborative work was supported by grant # 90DNCE0006 from the US Administration for Community Living, Dept. of Health and Human Services awarded to the University of North Carolina at Chapel Hill.



**What is WorkTogetherNC?** WorkTogetherNC is a project that helps individuals with intellectual and developmental disabilities find the community supports they need as they grow into and through adulthood. This might include finding a job or place to volunteer, continued education, housing, social and recreational opportunities, and more.

For more information visit: <https://worktogethernc.com/>

**How and when was the information in this list collected?** The information was most recently distributed in May 2025. This list only contains information from communities who responded to the WorkTogether NC 2025 IDD Inclusive Housing Communities Survey conducted between January 2025 and April 2025.

**To learn about other IDD inclusive housing communities that are established or in planning stages in North Carolina that may not be in this list, please see the For More Information Section on p. 36**

**To provide feedback about this resource, please send an email to:**  
[worktogethernc@med.unc.edu](mailto:worktogethernc@med.unc.edu).



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# How To Use This Resource

## How To Use This Resource

Read through this resource to learn about new kinds of housing communities in locations throughout the state of North Carolina where individuals with intellectual and developmental disabilities (IDD) have choices about how they can live more independently with positive social connections and personal support networks.

Communities are listed in four sections. All the communities in each section are located in the same Managed Care Organization (MCO) region.

To find the communities that are closest to where you live now:

1. Look at the map on p. 6 to find the county in which you live and see which color and MCO region it's in.
2. Then, go to the section in this resource for that region.

Example: You live in Raleigh in Wake County. Wake County is in the purple Alliance Health Region. Go to the listings for the Alliance region starting on p. 16 with purple page top banners and read about those communities.

Also, you can check out which counties are near where you live. If a county next to yours is in a different color/MCO region, you can read through that region's list. Use the black location pin symbol (📍) to find communities in the nearby region that might also be close to your current home.

## Icons Used In This Resource



This icon shows that there is a website link you can click on.



This icon shows where a community is located on the map.

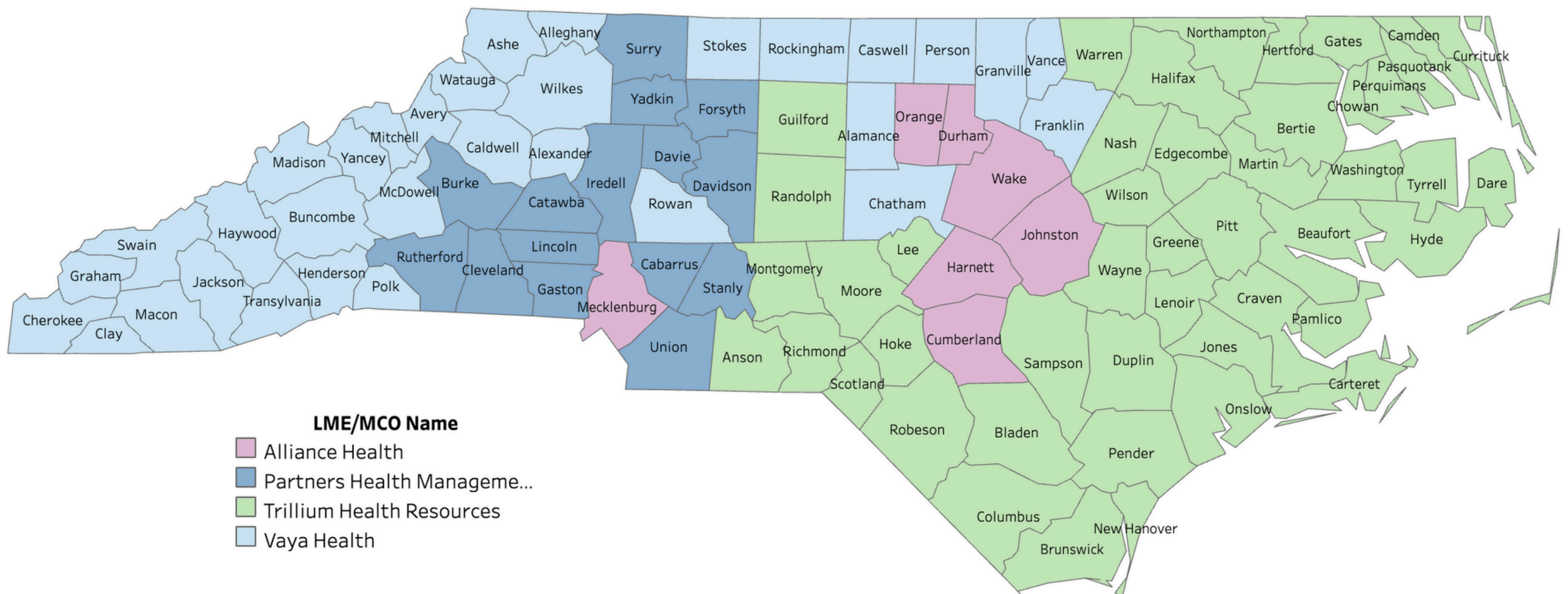


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# Map of North Carolina MCO Regions

## Map of the MCO Regions



This map shows LME/MCO configuration effective 2/1/24.

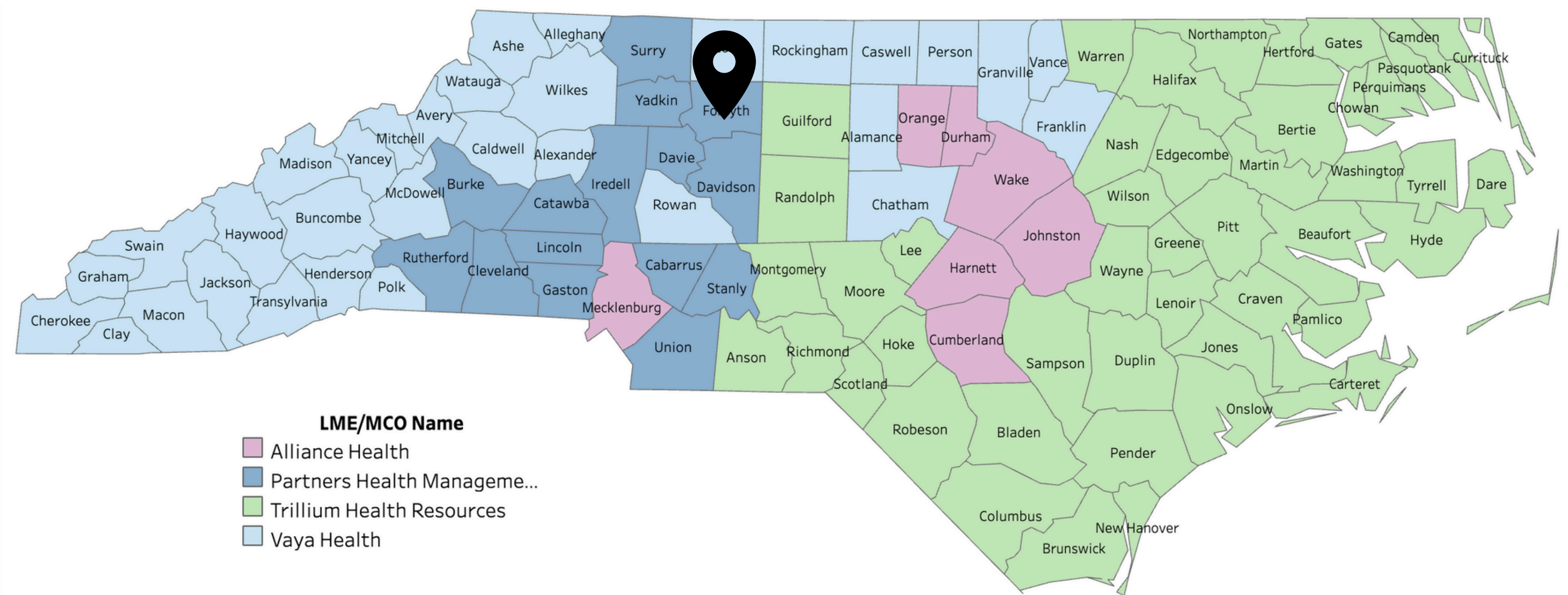
This is a map of North Carolina that is split up into the different Managed Care Organizations (MCOs) regions. Alliance (Central) is purple, Partners (West) is dark blue, Trillium (East) is green, and Vaya (West/Central) is light blue. This map is included in each community's page and has a black location pin 📍 that shows which county the community is located in.




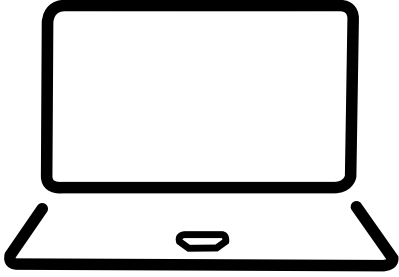





# IDD Inclusive Housing - Forsyth County



This map shows LME/MCO configuration effective 2/1/24.



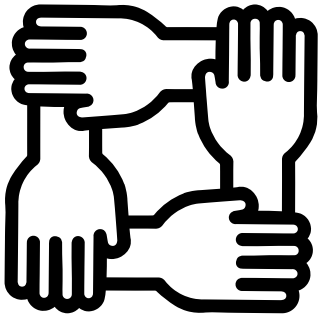


	IDD Inclusive Housing - Forsyth County is a community is located in Forsyth County, NC. The county is shown on the map with the black pin.
	For more information, here is the community's website: <a href="https://www.ptrc.org/services/community-development/forsyth-county-idd-inclusive-housing-planning-grant">https://www.ptrc.org/services/community-development/forsyth-county-idd-inclusive-housing-planning-grant</a> 
This will be an affordable inclusive housing community that hopes to have about 188 rental units. About 25% of the units will be targeted to individuals with IDD, their families, and care team members.	





# IDD Inclusive Housing - Forsyth County

## About IDD Inclusive Housing - Forsyth County Community

<div>Residence Type</div> <div></div>	<p>This residences in this community will be apartments. The residences will be private.</p>
<div>Support Structure</div> <div></div>	<p>The support structure will be consumer-controlled. The housing and support services are separate. The resident can change their service providers and still live in the residence.</p>
<div>Support Types</div> <div></div>	<p>This community supports individuals who need moderate, low, minimal, and no formal support .</p>
<div>Availability</div> <div></div>	<p>This residence is still in the planning stages.</p>
<div>Other Information</div> <div></div>	<p>This accessibility features of the residences are to be deteremined.</p>



# For More Information

There are many traditional residential housing options for individuals with disabilities such as group homes, apartments, and Alternate Family Living arrangements. To learn about options, visit NC DHHS [Inclusion Connects Community Living Guide Find Housing section](#).

To search for traditional housing options in your area of NC, you can also visit [WorkTogetherNC Housing Search By County page](#).

**To search for all types of housing arrangements near you:**

TIP: to find your county and its MCO Region, use [this map](#) that shows the county names printed and the MCO region and contact information

1. First, in the **Search Services** box, enter the term **“housing”**

## Search Services:

## Filter by Location

View statewide services, or select “Regional or County” for additional location filters.

- ☐ Any
- ☐ Statewide (5)
- ☒ Regional or County (30)

2. Then, click on the **drop down menu button** to select the Managed Care Organization (MCO) **Region**

☒ Regional or County

Select Region ▼

Select Region

Alliance (209)

Partners (82)

Statewide (28)

Trillium (109)

Vaya (109)

3. **Then** click on the County you live in. See Results list on the right!

☒ Regional or County (4)

Alliance (6) ▼

Wake (4) ▼

## Filter by Type

< Any

Day Programs

Clear Selections

### [Monarch](#)

Monarch provides tailored personal care services, in-home group homes and apartment

**Service Areas:** Union, Alliance, Cabarrus, Stanly, Rockingham, Stokes

Phone: 866-272-7826

### [Tammy Lynn Center](#)

Community living and support care management, therapy

**Service Areas:** Wake

Phone: 919.832.3909

### [Triangle Disability and Au](#)

Day program, guardianship, building services, community

**Service Areas:** Alliance, Orange

Phone: 919-942-5119



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