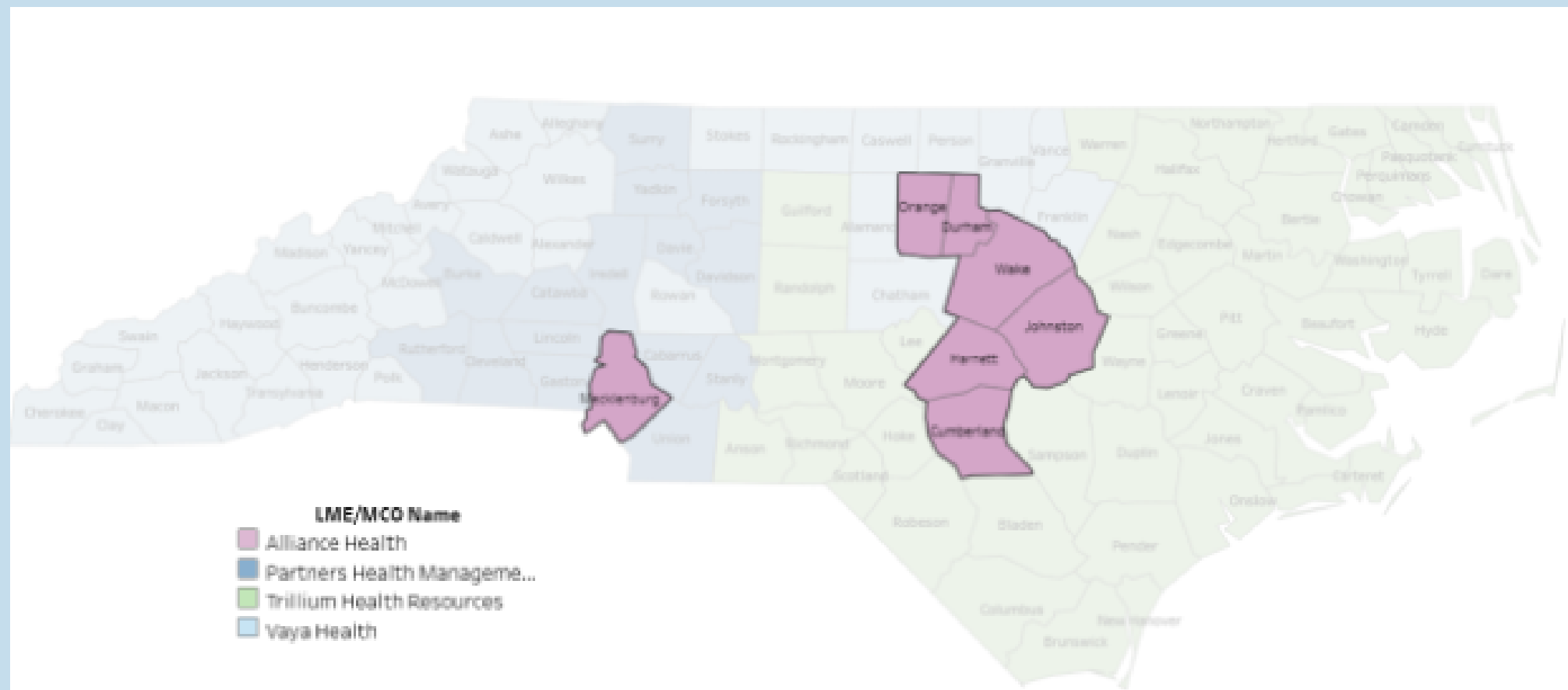


# NC IDD Inclusive Housing Communities Alliance MCO Region Resource List

May 2025



This resource is for individuals with intellectual and/or developmental disabilities (IDD) who are interested in learning about new kinds of independent or supported living settings that may be available in their community or in other places in North Carolina.

This resource may also be helpful for family members, care providers, and community professionals who assist individuals with disabilities to find information about future housing options.



**Work Together NC**

# TABLE OF CONTENTS

About this resource	3
How to use this resource	5
North Carolina MCO Map	6
Listings in Alliance (Central)	
3 Bluebirds Farm	7
Friendship House Fayetteville	9
Friendship House Cottages	11
HOPE NC: Grosvenor Gardens	13
HOPE NC: Other Communities	15
North Street Neighborhood	16
Weavers Grove	18
L'Arche North Carolina	20
Midtown Housing Coalition	22
My Forever Home NC	24
Serving Cup (Building Independence)	26
<b>For More Information</b>	<b>28</b>



# About This Resource

## What is the purpose of this resource?

You, your family members, and care partners can use this resource to learn about IDD-inclusive living arrangements that may be offered near you or in other areas of North Carolina.

IMPORTANT! Many of the communities listed in this resource may not have space to accept new residents at this time. However many offer social and informational opportunities to learn and connect with them. Visit their websites for information and participate in their activities. Through these connections you can work together to create more inclusive housing opportunities in new locations to meet the needs of more people.

## What is IDD Inclusive Housing?

- IDD Inclusive housing can look different in each community, but all IDD Inclusive communities offer adults with IDD many choices about new living spaces that support more independent living. Most times the living space is separate from where their family members live.
- IDD Inclusive housing is located with or near other individuals with IDD and near neighbors who try to make everyone feel welcome and supported.
- Some IDD Inclusive housing offers supports and services for each person's physical, emotional, and social needs.
- Residents in IDD-inclusive communities have many opportunities to participate in community activities and develop relationships with their neighbors, including people with IDD and people who do not have disabilities. Residents also have supports to find and access services and activities they choose. For example, many IDD-inclusive communities are located near public transportation access points and some have community facilitators to assist people to connect with each other and to support access to services and activities such as training, employment, health care, and recreation.





# About This Resource

## Who prepared this resource?

This resource was produced by UNC Teach Autism Program researchers, students, and volunteers, and community members who participate in the WorkTogether Housing & Community Living Work Group.

This collaborative work was supported by grant # 90DNCE0006 from the US Administration for Community Living, Dept. of Health and Human Services awarded to the University of North Carolina at Chapel Hill.



**What is WorkTogetherNC?** WorkTogetherNC is a project that helps individuals with intellectual and developmental disabilities find the community supports they need as they grow into and through adulthood. This might include finding a job or place to volunteer, continued education, housing, social and recreational opportunities, and more.

For more information visit: <https://worktogethernc.com/>

**How and when was the information in this list collected?** The information was most recently distributed in May 2025. This list only contains information from communities who responded to the WorkTogether NC 2025 IDD Inclusive Housing Communities Survey conducted between January 2025 and April 2025.

**To learn about other IDD inclusive housing communities that are established or in planning stages in North Carolina that may not be in this list, please see the For More Information Section on p. 36**

**To provide feedback about this resource, please send an email to:**  
**[worktogethernc@med.unc.edu](mailto:worktogethernc@med.unc.edu)**



Work Together NC



# How To Use This Resource

## How To Use This Resource

Read through this resource to learn about new kinds of housing communities in locations throughout the state of North Carolina where individuals with intellectual and developmental disabilities (IDD) have choices about how they can live more independently with positive social connections and personal support networks.

Communities are listed in four sections. All the communities in each section are located in the same Managed Care Organization (MCO) region.

To find the communities that are closest to where you live now:

1. Look at the map on p. 6 to find the county in which you live and see which color and MCO region it's in.
2. Then, go to the section in this resource for that region.

Example: You live in Raleigh in Wake County. Wake County is in the purple Alliance Health Region. Go to the listings for the Alliance region starting on p. 16 with purple page top banners and read about those communities.

Also, you can check out which counties are near where you live. If a county next to yours is in a different color/MCO region, you can read through that region's list. Use the black location pin symbol (📍) to find communities in the nearby region that might also be close to your current home.

## Icons Used In This Resource



This icon shows that there is a website link you can click on.



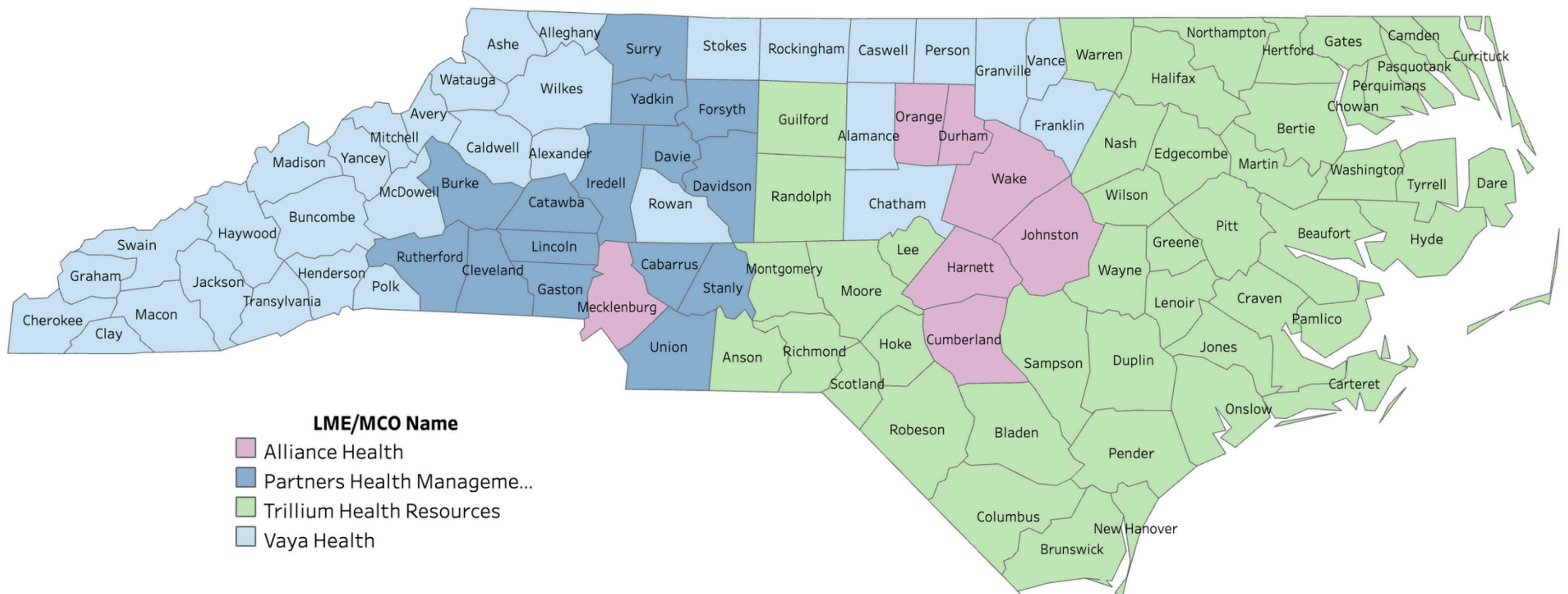
This icon shows where a community is located on the map.



Work Together NC

# Map of North Carolina MCO Regions

## Map of the MCO Regions



This map shows LME/MCO configuration effective 2/1/24.

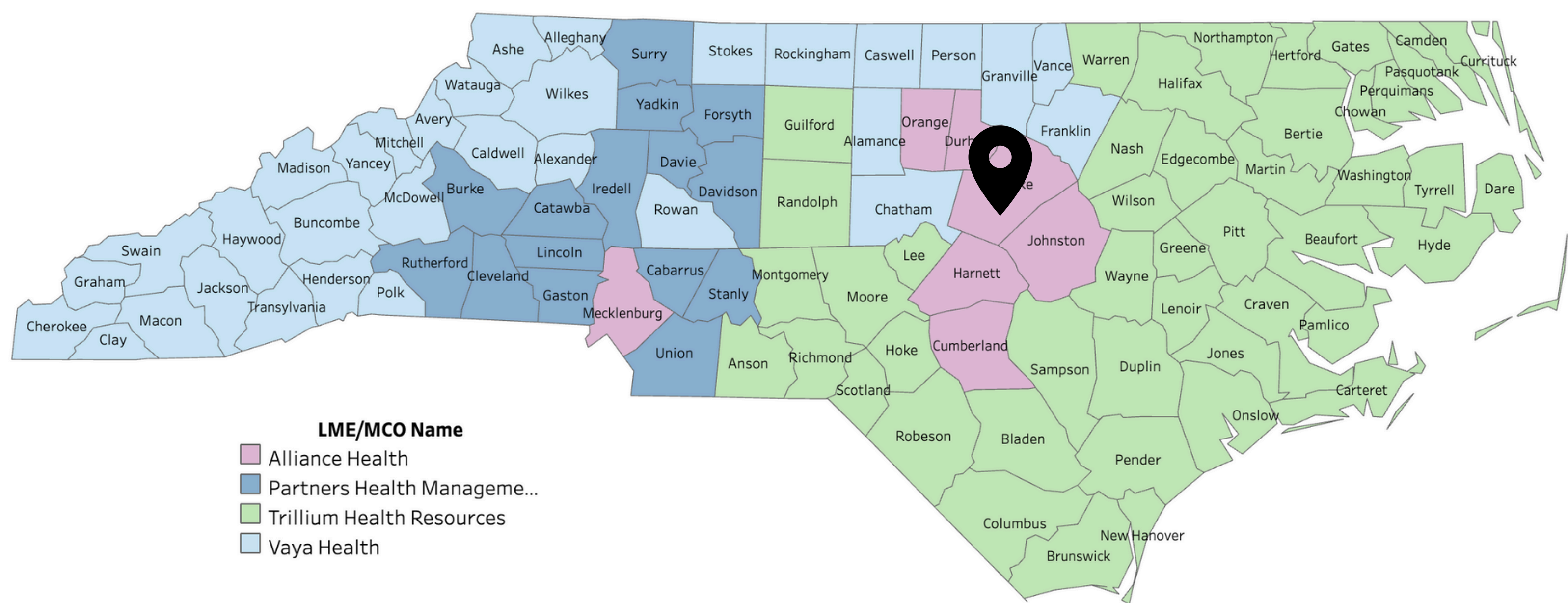
This is a map of North Carolina that is split up into the different Managed Care Organizations (MCOs) regions. Alliance (Central) is purple, Partners (West) is dark blue, Trillium (East) is green, and Vaya (West/Central) is light blue. This map is included in each community's page and has a black location pin 📍 that shows which county the community is located in.



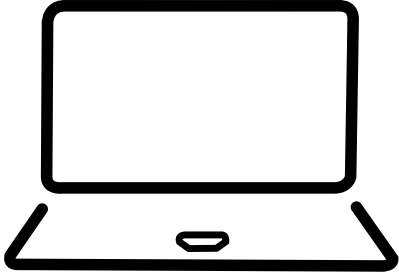






# 3 Bluebirds Farm



This map shows LME/MCO configuration effective 2/1/24.

	3 Bluebirds Farm community is located in Wake County, NC. The county is shown on the map with the black pin.
	For more information, here is the community's website: <a href="https://www.3bluebirdsfarm.org">https://www.3bluebirdsfarm.org</a> 
	This is a community for adults with autism who have aged out of school. Current programing includes track out and summer camps focused on farm activities for school-aged children and teens. In the future, it will offer a planned residential farm community with up to 25 on-site residents.



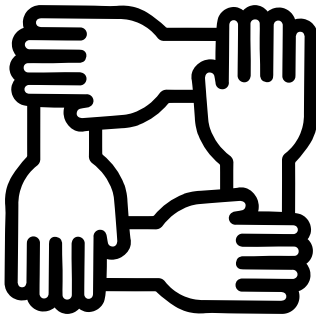








# 3 Bluebirds Farm

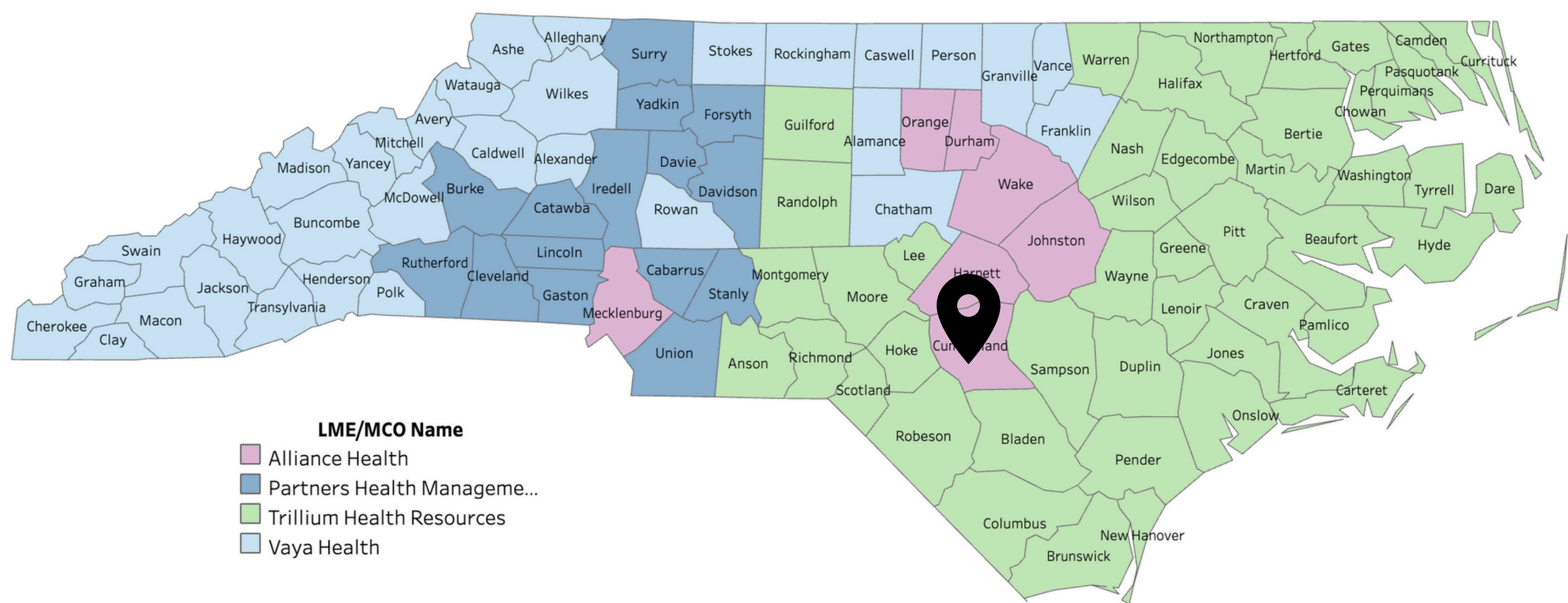
## About 3 Bluebirds Farm Community

<div>Residence Type</div> <div></div>	<p>The residences will be single-family homes that are shared with housemates. The homes will house 4-5 people with 2-3 house parents in each location.</p>
<div>Support Structure</div> <div></div>	<p>The support structure is still in the planning stages and they have not made a final decision yet.</p>
<div>Support Types</div> <div></div>	<p>This community supports individuals who need moderate, low, minimal, and no formal support .</p>
<div>Availability</div> <div></div>	<p>This residence is still in the planning stages.</p>
<div>Other Information</div> <div></div>	<p>The community currently offers track out and summer camps for school-aged children and teens with autism that focus on farming activities.</p>


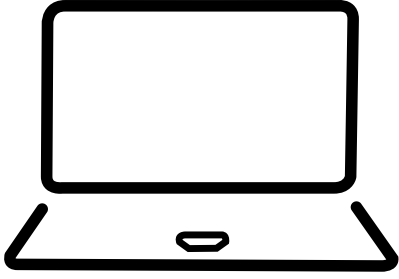




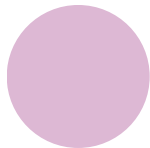


# Friendship House Fayetteville



This map shows LME/MCO configuration effective 2/1/24.



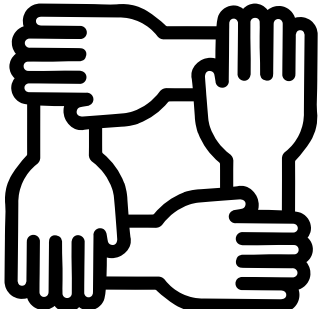


	The Friendship House Fayetteville community is located in Cumberland, NC. The county is shown on the map with the black pin.
	For more information, here is the community’s website: <a href="https://www.servicesource.org/friendship-house-fayetteville/">https://www.servicesource.org/friendship-house-fayetteville/</a> 
	This is an intentional living community that has affordable integrated housing for young adults with IDD, known as friend residents. They have a unique focus on college students and young professionals in the health and human service fields. This is a faith-based community rooted in table fellowship.





# Friendship House Fayetteville

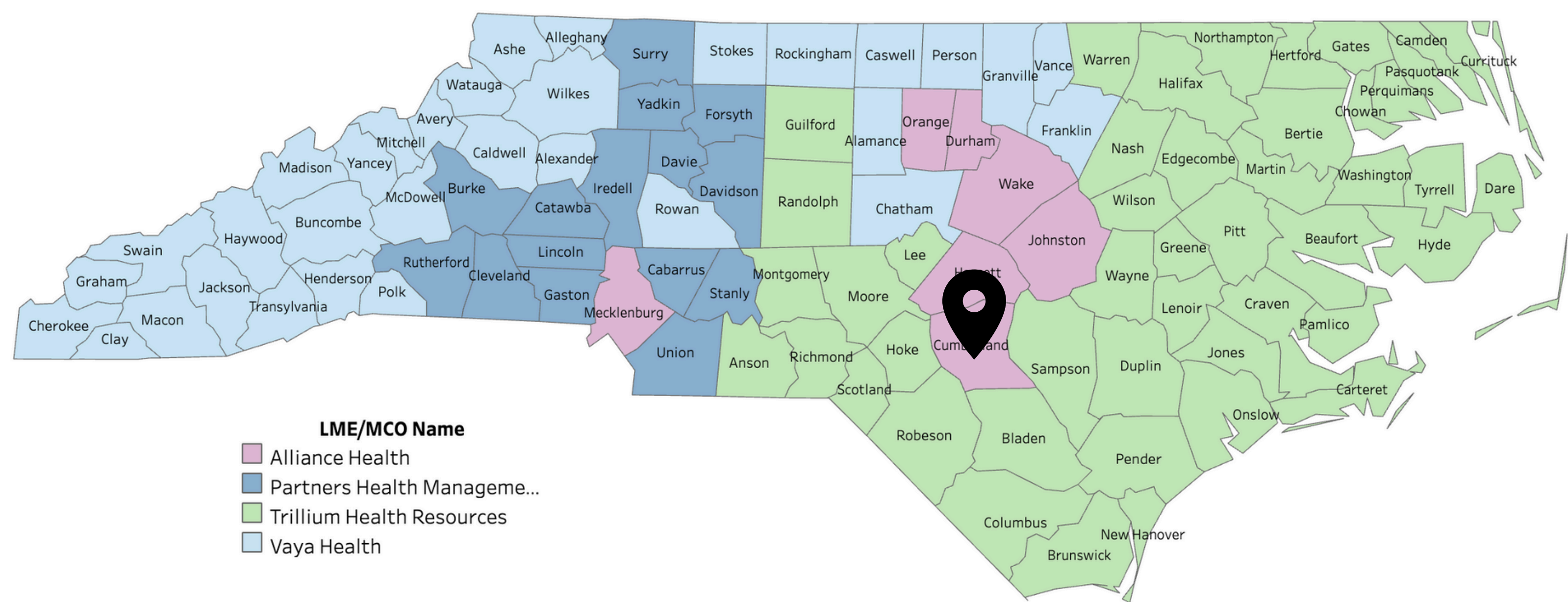
## About Friendship House Fayetteville Community

<div>Residence Type</div> <div></div>	<p>The residences are apartments that are shared with housemates.</p>
<div>Support Structure</div> <div></div>	<p>The support structure will be consumer-controlled. The housing and support services are separate. The resident can change their service providers and still live in the residence.</p>
<div>Support Types</div> <div></div>	<p>This community supports individuals who need minimal support.</p>
<div>Availability</div> <div></div>	<p>This residence currently has availability for young professionals. It has a waitlist for friends, but will soon have 3 openings for female friends.</p>
<div>Other Information</div> <div></div>	<p>This residence have physical accessibility features that comply with ADA guidelines.</p>





# Friendship House Cottages



This map shows LME/MCO configuration effective 2/1/24.

	The Friendship House Cottages community will be located in Cumberland, NC. The county is shown on the map with the black pin.
	For more information, here is the community's website: <a href="https://www.servicesource.org/">https://www.servicesource.org/</a>
	This community will provide longer-term housing supports for friend residents who move on from the Friendship House transitional housing. It is also available for anyone in the community that meets the independence level needed for independent living

MCO Region: Alliance  
(Central)



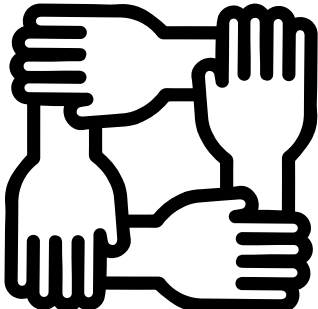




Work Together NC



# Friendship House Cottages

## About Friendship House Cottages Community

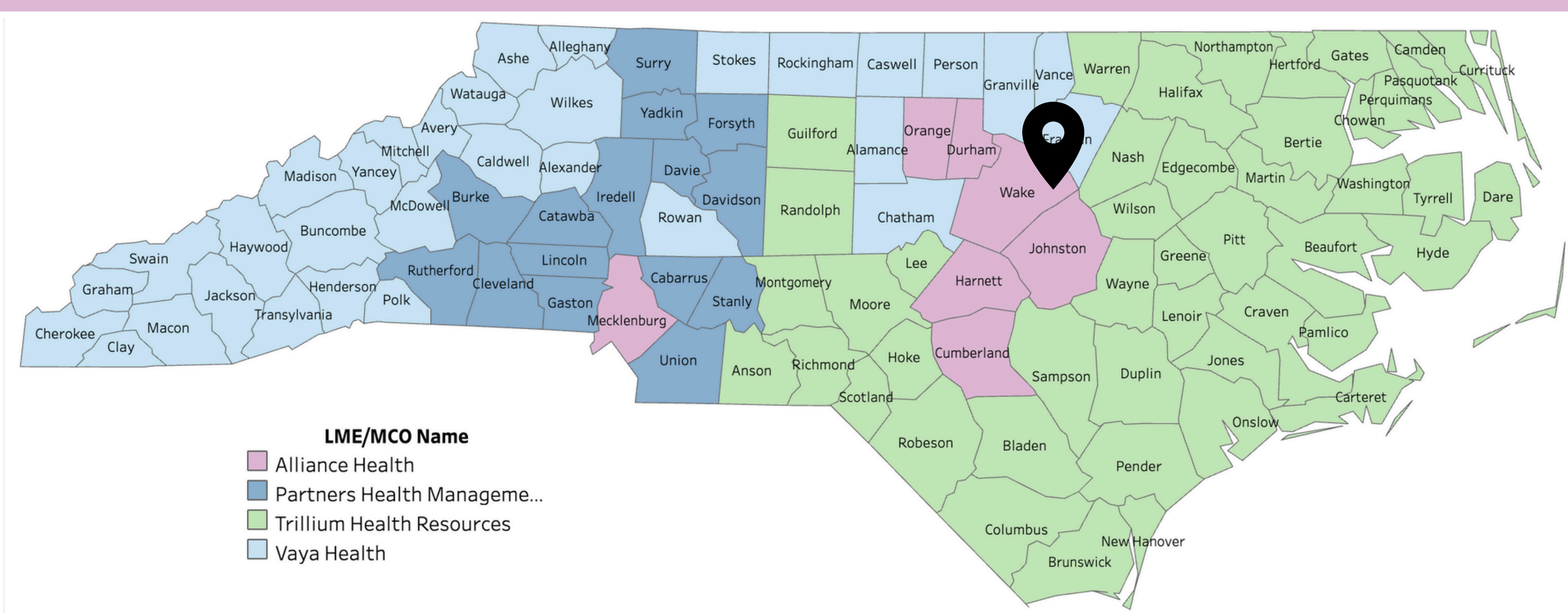
<div>Residence Type</div> <div></div>	<p>The residences will be small, 2 bedroom cottages. They will be shared with housemates.</p>
<div>Support Structure</div> <div></div>	<p>The support structure will be consumer-controlled. The housing and support services are separate. The resident can change their service providers and still live in the residence.</p>
<div>Support Types</div> <div></div>	<p>This community provides individuals with 2 hours per month of formal support, which will be a part of the cost of rent. All other support must come from outside Medicaid services or natural supports.</p>
<div>Availability</div> <div></div>	<p>This residence is currently in the planning stages. They are planning to have the first 2 houses (4 bedrooms) ready in the middle of the summer, but the spots are already filled.</p>
<div>Other Information</div> <div></div>	<p>This residence will have physical accessibility features that comply with ADA guidelines.</p>




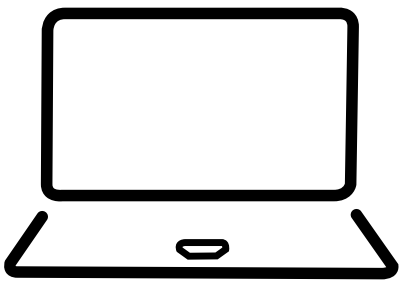






# HOPE NC: Grosvenor Gardens



This map shows LME/MCO configuration effective 2/1/24.

	Grosvenor Gardens community is located in Wake County, NC. The county is shown on the map with the black pin.
	For more information, here is the community’s website: <a href="https://www.hopenorthcarolina.org/">https://www.hopenorthcarolina.org/</a> 
	This is a historic apartment community in downtown Raleigh where partners, CASA NC, Alliance Health, and HOPE NC have 10 apartments for individuals to live “interdependently”. Individuals live alone and there is an onsite Community Facilitator to connect them with other residents and community resources.

MCO Region:  
Alliance (Central)





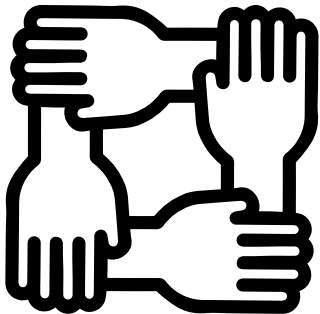

Work Together NC





# HOPE NC: Grosvenor Gardens

## About Grosvenor Gardens Community

<div>Residence Type</div> <div></div>	<p>The residences include 10 private apartments.</p>
<div>Support Structure</div> <div></div>	<p>The support structure is consumer-controlled. The housing and support services are separate. The resident can change their service providers and still live in the residence.</p>
<div>Support Types</div> <div></div>	<p>This community supports individuals who need low formal support.</p>
<div>Availability</div> <div></div>	<p>This residence is currently available.</p>





# HOPE NC's: Other Communities

**HOPE NC has involvement in other IDD housing communities.**

## **North Street Neighborhood**

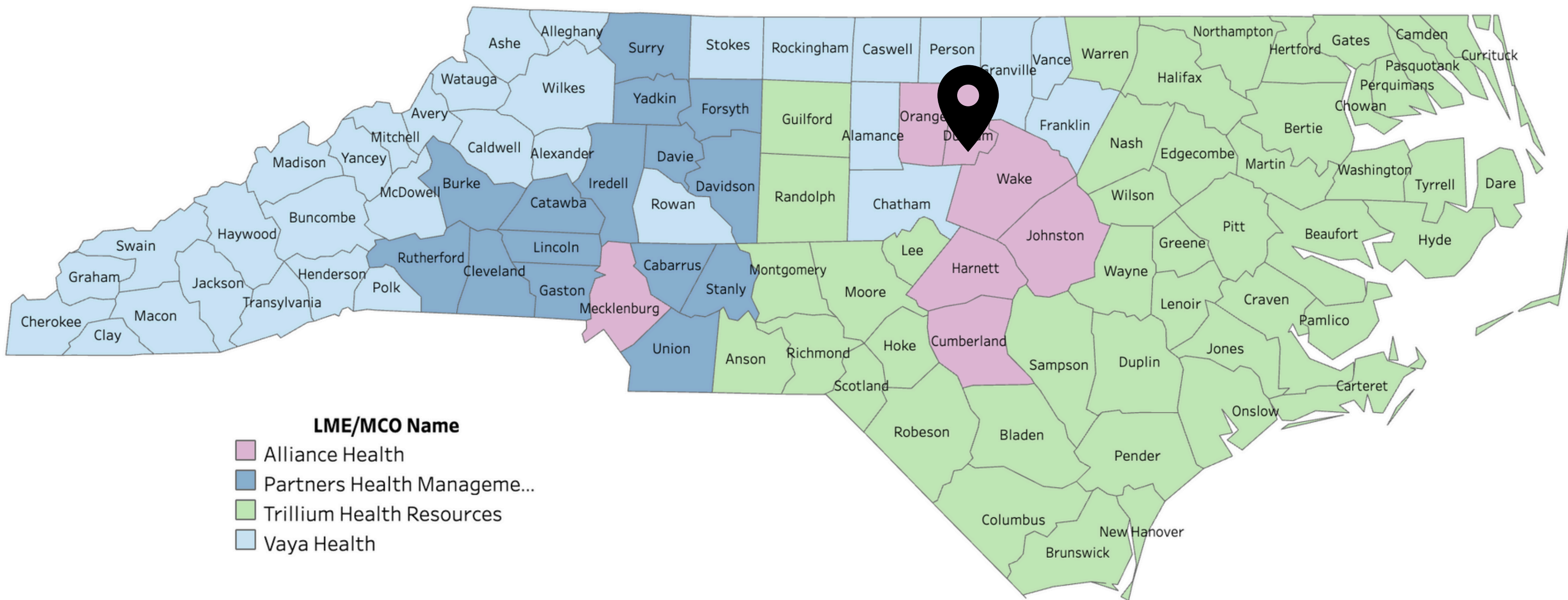
At North Street Neighborhood, HOPE NC provides an onsite Community Facilitator to build a sense of engagement and belonging among residents.

## **Weavers Grove**


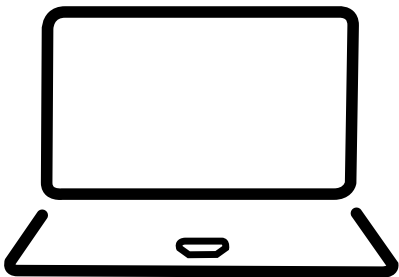


At Weavers Grove, HOPE NC owns 10 of the homes and rents them to adults with IDD wanting to live independently.



# North Street Neighborhood



This map shows LME/MCO configuration effective 2/1/24.

	The North Street Neighborhood community is located in Durham County, NC. The county is shown on the map with the black pin.
	For more information, here is the community’s website: <a href="https://northstreetneighborhood.weebly.com">https://northstreetneighborhood.weebly.com</a> 
	This is an intentional community of people with and without disabilities. HOPE NC provides an onsite Community Facilitator to build a sense of engagement and belonging among residents. See also HOPE NC’s listing on page...



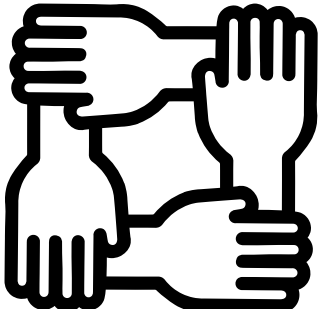








# North Street Neighborhood

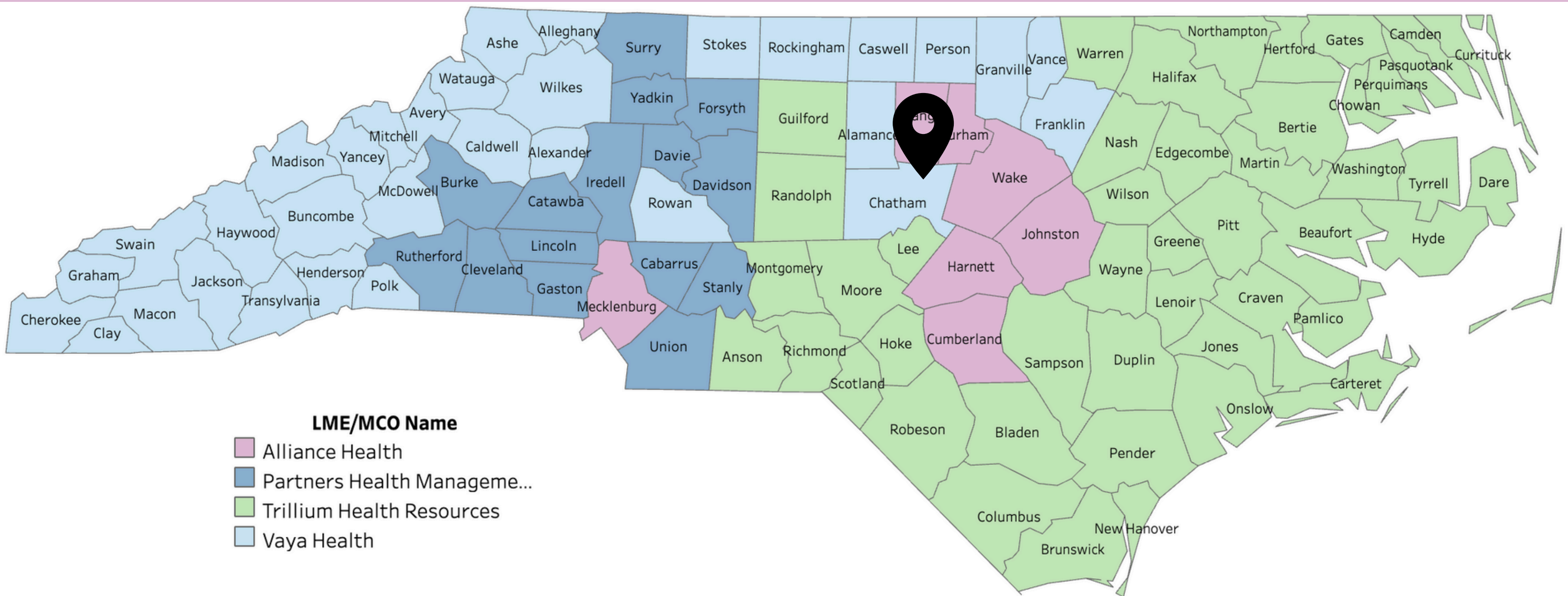
## About North Street Neighborhood Community

<div>Residence Type</div> <div></div>	Multiple residence arrangements -please contact for more information.
<div>Support Structure</div> <div></div>	The support structure will be consumer-controlled. The housing and support services are separate. The resident can change their service providers and still live in the residence.
<div>Support Types</div> <div></div>	This community supports individuals who need low formal support.
<div>Availability</div> <div></div>	This residence currently has a waitlist.
<div>Other Information</div> <div></div>	The residence has physical accessibility features including ramps to the first floor and wheelchair accessible homes.





# Weavers Grove



This map shows LME/MCO configuration effective 2/1/24.

	The Weavers Grove community is located in Orange County, NC. The county is shown on the map with the black pin.
	For more information, here is the community's website: <a href="https://weaversgrove.org/">https://weaversgrove.org/</a>
	This is a mixed-income community offering affordable homeownership to Habitat families as well as market-rate homes. 10 of these homes are owned by HOPE NC and will be for residents with IDD who want to live independently. There will be a community center with a B3 Coffee shop, where some of the IDD residents can have the opportunity to work. See HOPE NC's page for more details about their organization.

MCO Region:  
Alliance (Central)



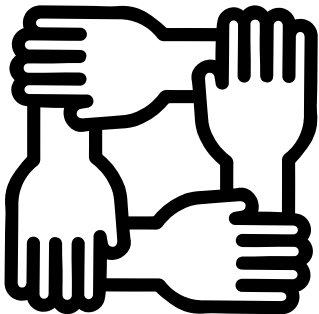




Work Together NC



# Weavers Grove

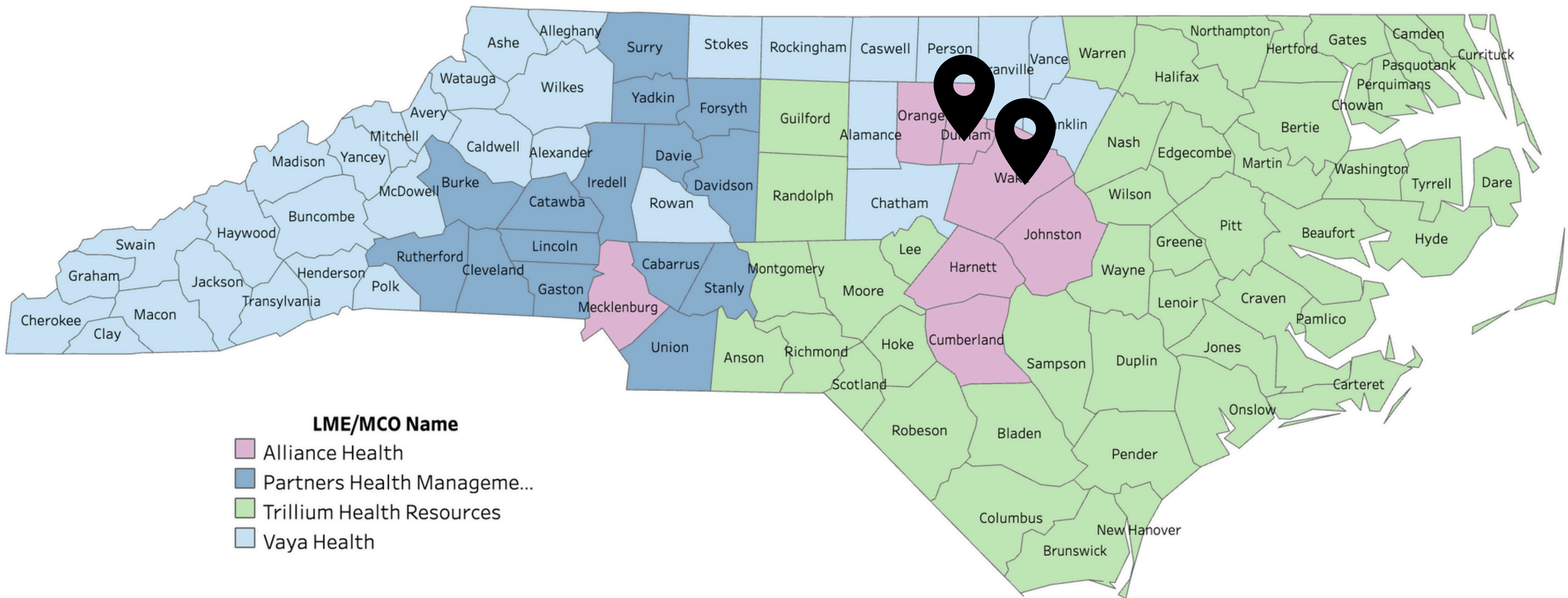
## About Weavers Grove Community

<b>Residence Type</b> 	The residences will have 1 and 2 bedroom duplexes that will be shared with housemates.
<b>Support Structure</b> 	The support structure will be consumer-controlled. The housing and support services are separate. The resident can change their service providers and still live in the residence.
<b>Support Types</b> 	This community supports individuals who need moderate and low formal support.
<b>Availability</b> 	This residence is currently in the planning stages.
<b>Other Information</b> 	The residence will have several fully physically accessible units.





# L'Arche North Carolina



This map shows LME/MCO configuration effective 2/1/24.



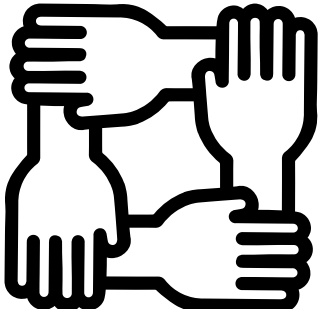


	The L'Arche community is located in Durham County, Wake County, and other parts of the NC Triangle Area. The counties are shown on the map with the black pins.
	For more information, here is the community's website: <a href="http://www.larchenc.org">www.larchenc.org</a> 
	This is a community where people of all abilities come together to share life, build relationships, and celebrate everyone's unique gifts. They create spaces where people with and without intellectual disabilities are valued and included through shared homes, gatherings, and friendships.





# L'Arche North Carolina

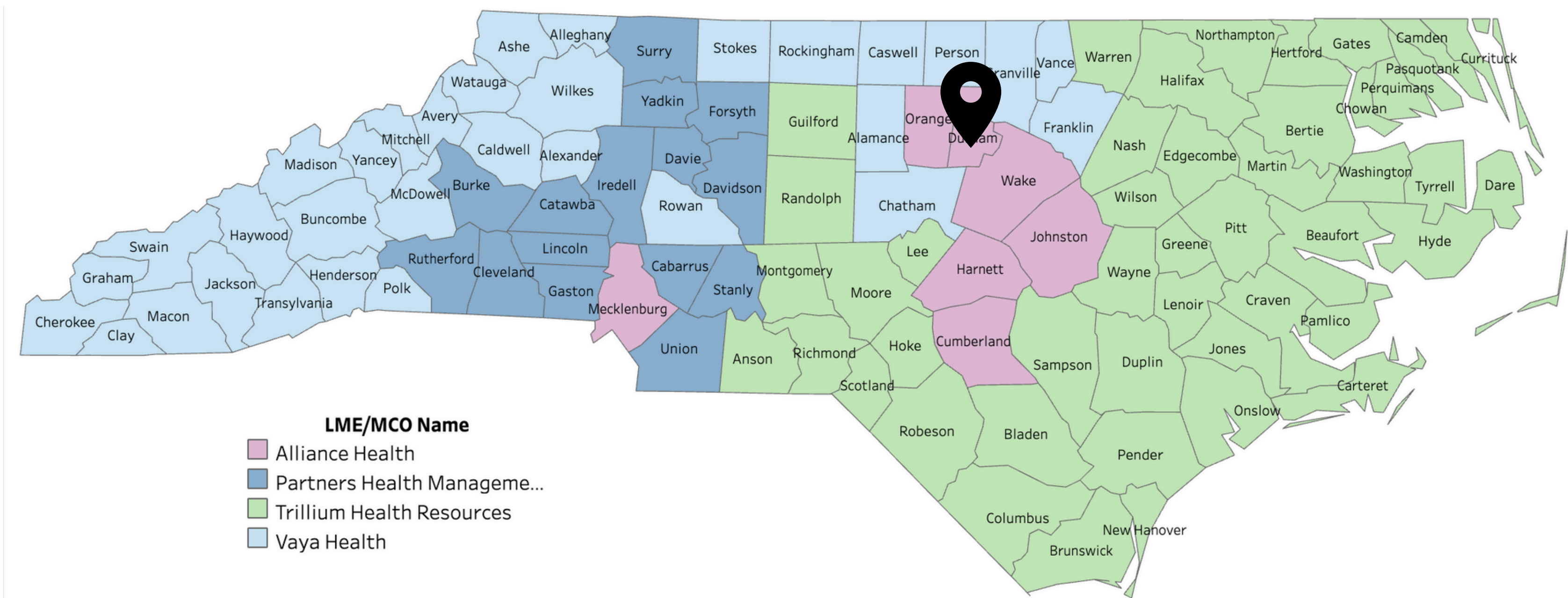
## About L'Arche North Carolina Community

<div>Residence Type</div> <div></div>	<p>The residence is a single-family home. They are shared with housemates.</p>
<div>Support Structure</div> <div></div>	<p>The support structure is provider-controlled. The housing and support services are connected. If the resident wants to change their service providers, they must also change their residence.</p>
<div>Support Types</div> <div></div>	<p>This community supports individuals who need moderate and low formal support. The residents in this home must be ambulatory. They are planning another home that will be more inclusive of various support level needs.</p>
<div>Availability</div> <div></div>	<p>This residence currently has a waitlist. They are planning to build more homes in the future.</p>
<div>Other Information</div> <div></div>	<p>This residence was renovated so that people of all physical abilities may enter and use the facilities.</p>





# Midtown Housing Coalition



This map shows LME/MCO configuration effective 2/1/24.

	The Midtown Housing Coalition community will be located in Durham County, NC. The county is shown on the map with the black pin.
	For more information, here is the community’s website: <a href="https://midtownhousingcoalition.org/">https://midtownhousingcoalition.org/</a>
	This community will be an inclusive tiny home community for the IDD and Disabled Veteran populations. It will be a safe and supportive environment with a community center.

MCO Region:  
Alliance (Central)



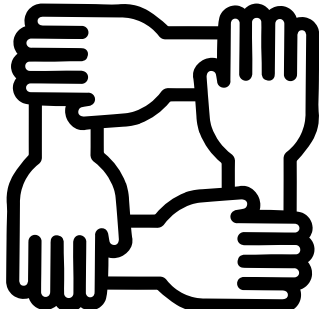
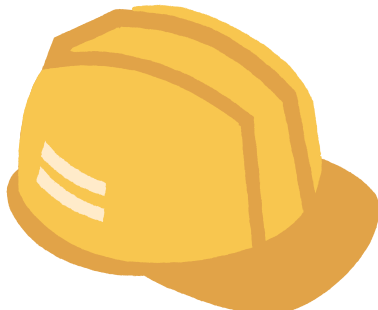



Work Together NC



# Midtown Housing Coalition

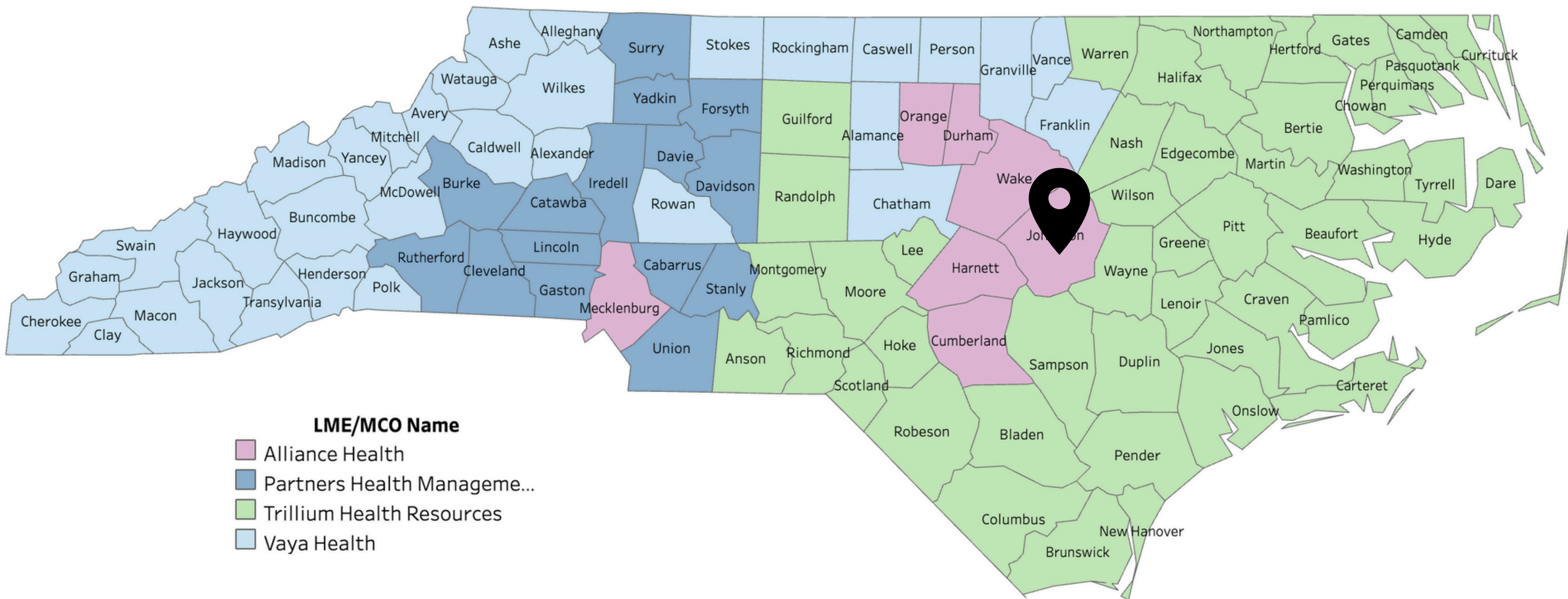
## About Midtown Housing Coalition Community

<div>Residence Type</div> <div></div>	<p>The residences will be 20-26 tiny homes. They will be private residences.</p>
<div>Support Structure</div> <div></div>	<p>The support structure will be consumer-controlled. The housing and support services are separate. The resident can change their service providers and still live in the residence.</p>
<div>Support Types</div> <div></div>	<p>This community supports individuals who need low and minimal formal support.</p>
<div>Availability</div> <div></div>	<p>This residence is currently in the planning stages.</p>
<div>Other Information</div> <div></div>	<p>This residence will be wheelchair accessible.</p>





# My Forever Home NC



	My Forever Home NC community is located in Johnston County, NC. The county is shown on the map with the black pin.
	For more information, here is the community's website: <a href="https://www.myforeverhomenc.com/">https://www.myforeverhomenc.com/</a>
	My Forever Home helps adults with disabilities transition to independent living. In the future, the community will have 10 homes in a new neighborhood, called Finely Landing in Smithfield, NC.



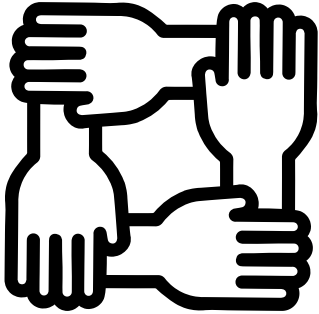


MCO Region:  
Alliance (Central)





# My Forever Home NC

## About My Forever Home NC Community

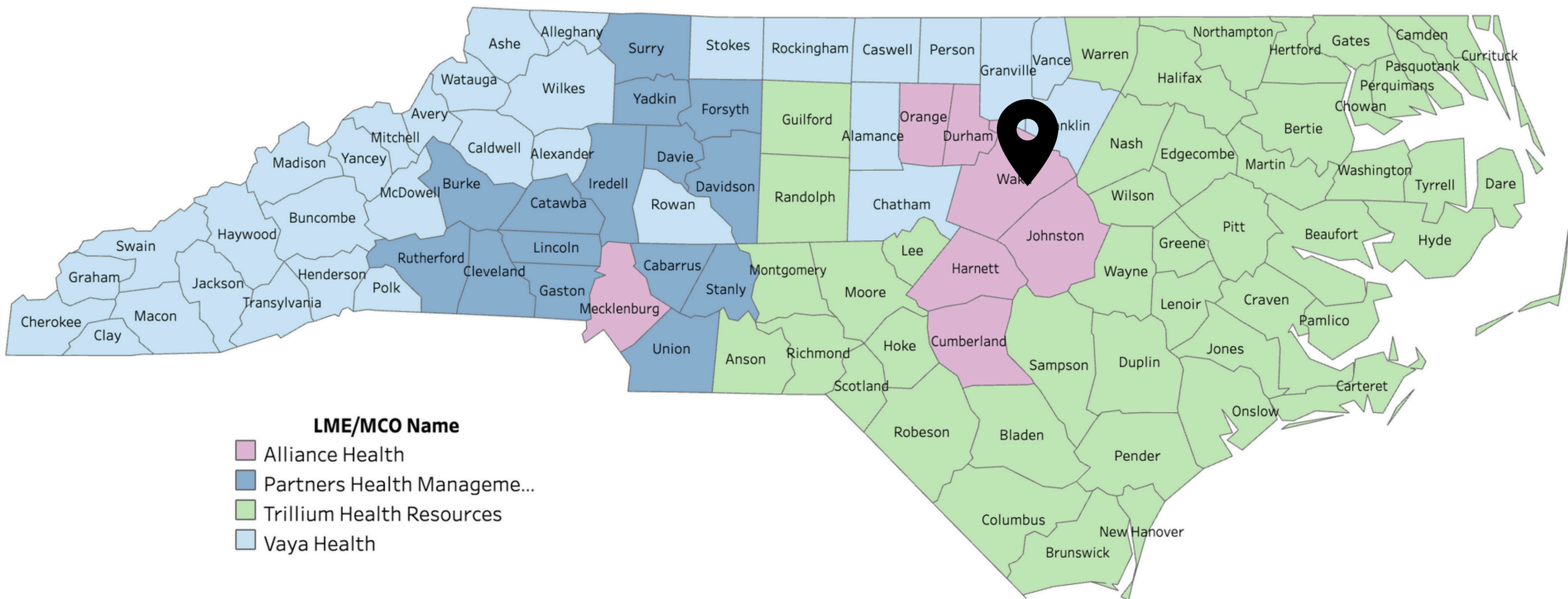
<b>Residence Type</b> 	The residences will be single-family homes that are not private and shared with housemates.
<b>Support Structure</b> 	The support structure will be consumer-controlled. The housing and support services are separate. The resident can change their service providers and still live in the residence.
<b>Support Types</b> 	This community supports individuals who need high, moderate, low, minimal, and no formal support .
<b>Availability</b> 	This residence is still in the planning stages.
<b>Other Information</b> 	The community will have accessibility features. Many of the homes are designed for people with high support needs. They are using universal design for the construction of the homes.







# Building Independence



This map shows LME/MCO configuration effective 2/1/24.



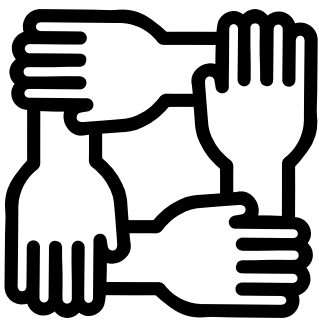


	Building Independence (formerly The Serving Cup)’s has 3 communities located in Wake County, NC. The county is shown on the map with the black pin.
	For more information, here is the community’s website: <a href="https://www.servingcup.org/">https://www.servingcup.org/</a>
	<u>Building Independence</u> (new website July 2025).  <u>O</u> ffers three communities developed in partnership with Lutheran Services Carolinas and Habitat for Humanity of Wake County.





# Building Independence

## About Building Independence Communities

<b>Residence Type</b> 	Green Level (Cary, NC): six, 2-bedroom apartments with private bedrooms/bathrooms.Lake Wheeler (Raleigh, NC) : a three home community, each home has 3 residents. Old Poole Place (Raleigh, NC): one-story, 2-bedroom townhomes.
<b>Support Structure</b> 	Support services are provided by Lutheran Services Carolinas for the Green Level and Lake Wheeler communities. Please contact for more information about the new Old Poole Place community.
<b>Support Types</b> 	This community supports individuals who need minimal and no formal support .
<b>Availability</b> 	Green Level and Lake Wheeler: please email <a href="mailto:info@buildingind.org">info@buildingind.org</a> for information about availability. Old Poole Place is in construction phase. Applications will open in mid-2025. Availability anticipated in late 2025 or early 2026.
<b>Other Information</b> 	Residents join many community members and families to socialize in weekly coffeehouse gatherings hosted in local churches. For more information about events and a guide to starting coffeehouses in your community see <a href="https://www.servingcup.org/coffeehouses">https://www.servingcup.org/coffeehouses</a>





# For More Information

There are many traditional residential housing options for individuals with disabilities such as group homes, apartments, and Alternate Family Living arrangements. To learn about options, visit NC DHHS [Inclusion Connects Community Living Guide Find Housing section](#).

To search for traditional housing options in your area of NC, you can also visit [WorkTogetherNC Housing Search By County page](#).

To search for all types of housing arrangements near you:

TIP: to find your county and its MCO Region, use [this map](#) that shows the county names printed and the MCO region and contact information

1. First, in the **Search Services** box, enter the term **“housing”**

## Search Services:

## Filter by Location

View statewide services, or select “Regional or County” for additional location filters.

- ☐ Any
- ☐ Statewide (5)
- ☒ Regional or County (30)

2. Then, click on the **drop down menu button** to select the Managed Care Organization (MCO) **Region**

☒ Regional or County

Select Region ▼

Select Region

Alliance (209)

Partners (82)

Statewide (28)

Trillium (109)

Vaya (109)

3. **Then** click on the County you live in. See Results list on the right!

☒ Regional or County (4)

Alliance (6) ▼

Wake (4) ▼

## Filter by Type

< Any

Day Programs

Clear Selections

### [Monarch](#)

Monarch provides tailored personal care services, in-home group homes and apartment

**Service Areas:** Union, Alliance, Cabarrus, Stanly, Rockingham, Stokes

Phone: 866-272-7826

### [Tammy Lynn Center](#)

Community living and support care management, therapy

**Service Areas:** Wake

Phone: 919.832.3909

### [Triangle Disability and Autism](#)

Day program, guardianship, building services, community

**Service Areas:** Alliance, Orange

Phone: 919-942-5119



Work Together NC