# Talking to Policy Makers

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# MEETHENEEDNC

Changing the I/DD landscape across the state

# Do You Consider Yourself an Advocate?

### Life Experience=

### Invaluable Expertise and Perspective=



### What is a Policy?

- ▶ The federal Centers for Disease Control gives this definition of policy:
- Policy is a law, regulation, procedure, administrative action, incentive, or voluntary practice of governments and other institutions. Policy decisions are frequently reflected in resource allocations. Health can be influenced by policies in many different sectors.
- That means that a policy can be:
  - A law passed by the US Congress or the NC General Assembly.
  - A rule or policy (these are regulations) put in place by the NC Department of Health and Human Services or the Department of Public Instruction or other state agencies.
  - A practice that the federal or state government allows.
  - An ordinance passed by the county commissioners or city councils.

# Who are Policy Makers?

- Members of US Congress
- Members of NC General Assembly
- State Agency representatives
- County Commissioners
- County and Local Officials of governments, school systems, etc.

Do we have policy makers in the audience?



NC DHHS Secretary Kody Kinsley



NC Superintendent of Public Instruction Catherine Truitt



NC General Assembly House Speaker Tim Moore



NC President Pro Tempore of the Senate Phil Berger

### Have You Ever Met a Policy Maker?

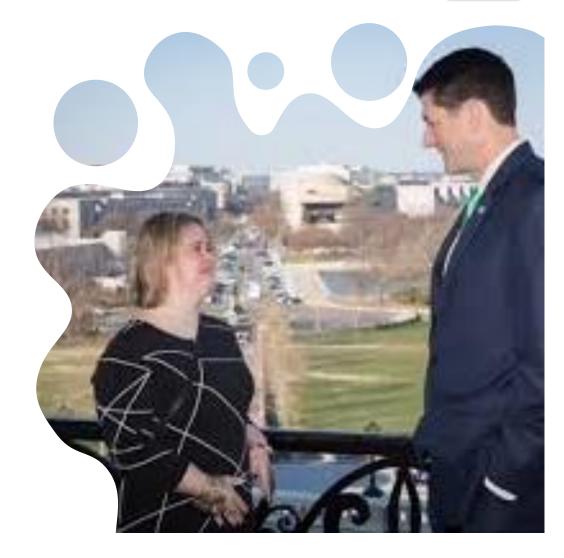
A Senator, Congressman or Representative?

Someone who works for NC DHHS or NC DPI?

A County Commissioner or County Manager?

A School Superintendent or Mayor of a town?

This is a picture of Kayla McKeon talking to US House of Representatives Speaker Paul Ryan. McKeon is a lobbyist.



# Advocacy and Storytelling: How do they Fit Together?:

- Advocacy is to defend or promote a cause.
- Advocacy is active, not passive.
- Advocacy goes beyond changing or shaping legislation or policy.
- Advocacy is used for the larger goal of systems change.
- Storytelling lets the policy maker know you have invaluable expertise and perspective.
- Storytelling can bring out empathy and better understanding of the issue.
- Storytelling helps a policy maker remember your call to action.

#### **Basic Bill Process:**



Issue/improvement identified and considered for legislation

**VERY STRONG** 

Opportunity for IMPACT

Bill introduced and referred to appropriate committee (House or Senate)

**VERY STRONG** 

Committee (or all Committees that received referral) consider and amend

STRONG

Goes to floor of the body where it was introduced (House or Senate). Passes or

MODERATE TO LOW

sent back to committee.

STRONG

If passes, sent to the other body (House or Senate) for same process (NOTE: two different versions of the bill could be passed by House and Senate)

MODERATE

Once passed by both bodies, either goes to conference to negotiate any differences or goes to Governor for signature. (NOTE: Once differences are

LOW

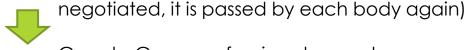
Goes to Governor for signature, veto or no action (he has 10 days to take action)

> START ADVOCACY ON RULES/POLICY

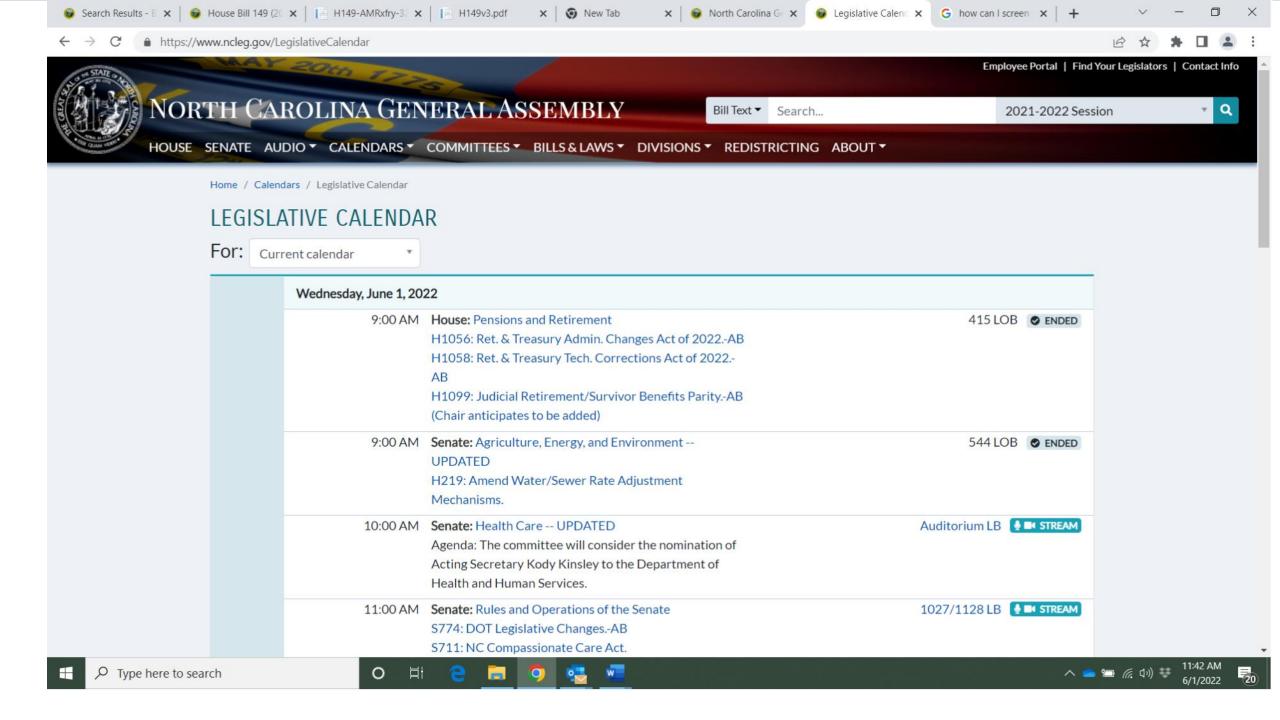














Home / House

#### NORTH CAROLINA HOUSE OF REPRESENTATIVES



North Carolina House of Representatives, North Carolina General Assembly Raleigh, North Carolina



Tim Moore Speaker of the House

The House of Representatives consists of 120 members who serve a term of two years. The presiding officer is the Speaker of the House who is elected by the members for a two-year term. The Speaker's duties include maintaining order in the House and appointing members to committees.

House Members	House Calendars	House Chamber
Member List	Current Calendar	Rules
Leadership	Calendars (2018-current)	Seating Chart
Representation by County	Calendar Archive	Audio
Contact Info	Calendars via Email	Audio Archives
Member Info	House Principal Clerk	Livestream Policies and Procedures



### REPRESENTATIVE BRIAN FARKAS (DEM)

Biography

Introduced Bills

Votes

Committees

#### 2021-2022 Session



Democrat - District 9

Pitt

Legislative Office:

16 West Jones Street, Rm. 1023 Raleigh, NC 27601-1096 919-733-5757

Mailing Address:

16 West Jones Street, Rm. 1023 Raleigh, NC 27601-1096 Terms in House: 1 (0 in Senate)

Occupation: Director of

Development and Client Relations,

JKF Architecture

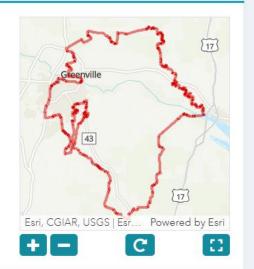
Main Phone: 919-733-5757

Member's Email:

Brian.Farkas@ncleg.gov

Legislative Assistant:

Graeme Strickland



MAIN House **ABOUT** 

About the NCGA



### Where are opportunities to impact rules and policy?

- Rules overseen by the <u>Office of Administrative Hearings</u>
  - NC DHHS
    - ► NC Commission on MH/DD/SAS
    - ► Medical Care Advisory Committee
  - ► State Board of Education
- Clinical Coverage Policies for Medicaid (8P is the Innovations Waiver)
- Policy Initiatives
  - ► <u>Medicaid Transformation</u>

#### A Rules Resource:

The NCGA website has <u>a link</u> to the North Carolina statutes and that will take you to the rules. Chapter 122C has all of the rules for MH/IDD/SUD services.

### Advocating with a Clear Call to Action:

- Determine your Call to Action as an individual or organization. (NOTE: you can impact issues that seem operational by *translating* it to your perspective!)
- Create your messaging (it can include concise storytelling and should always include a Call to Action and a thank you)
- Identify key legislators and policy leaders.
- Convey your message through meetings, emails, phone calls.

# There are many ways to keep updated about legislative, rules and policy changes:

- Put yourself on mailing lists, e.g. legislative committee subscriptions, notifications on rules
- Find go-to resources for updates and information, e.g. associations, community organizations
- ► Take advantage of free opportunities like webinars, downloads of white papers

### Why Now?

Major Changes to
the Structure of the
Public Service
System for Individuals
with Intellectual –
Developmental
Disabilities are
Underway!

This is an OPPORTUNITY to ADVOCATE!

- Medicaid Transformation
   Integrated Care
   Care Management
   1915i Services
- Workforce Shortage

# Medicaid Transformation—BH/IDD Tailored Plans Begin on December 1:

### Integrated Care

BH/IDD Tailored Plans will be responsible for I/DD services AND mental health, substance use and physical health services AND medications AND non-medical drivers of health like transportation, food security, housing and interpersonal safety

### Care Management

Every person who is a member of a BH/IDD Tailored Plan will choose or be assigned a care manager. This will be a different service than what you have had under the LME/MCOs. There will be more frequent contact with you based on your level of need. Choose your care management agency and primary care physician by October 14<sup>th</sup>.

### 1915i Services

1915i services is a new structure that replaces the (b)(3) services. A big difference is that anyone on Medicaid can be eligible for 1915i services 1915i is expected to include services that include responsibilities you are familiar with: supported employment, community transition, respite, community living and supports.

# Medicaid Transformation—Identify Your Call to Action—Translating these Changes

#### Integrated Care

What are your priorities in integrated care?

How could integrated care improve and strengthen your services and supports?

### Care Management

What do you need from a care manager to have a strong relationship?

How can your families and natural supports be involved and assist with success?

#### 1915i Services

What do you need most while you wait for an Innovations Waiver slot?

What do you need to be a part of your week to help you feel a part of your community and to feel you have had a meaningful day?

# Expect Glitches and Identify System Issues that Need Rework

NC DHHS Medicaid Transformation Email for Feedback:

Medicaid.Transformation@dhhs.nc.gov

NC Enrollment Broker: ncmedicaidplans.gov

Phone: **1-833-870-5500** (TTY: 711 or <u>RelayNC.com</u>)

Hours of operation: 7 a.m. to 8 p.m., Monday through Friday and 7 a.m. to 5 p.m. on Saturday

Chat Tool at website

NC Medicaid Ombudsman: <a href="https://ncmedicaidombudsman.org/">https://ncmedicaidombudsman.org/</a>

Phone: **877-201-3750** 

Live agents: 8 a.m. to 5 p.m. Monday through Friday, except State holidays.

## Workforce Shortage

- The pandemic has shone a bright light on the workforce shortage.
- There was already a shortage of Direct Support Professionals (DSP).
- NC General Assembly did provide some short-term funding to address the DSP shortage.

#### Call to Action---Translating this Policy Issue:

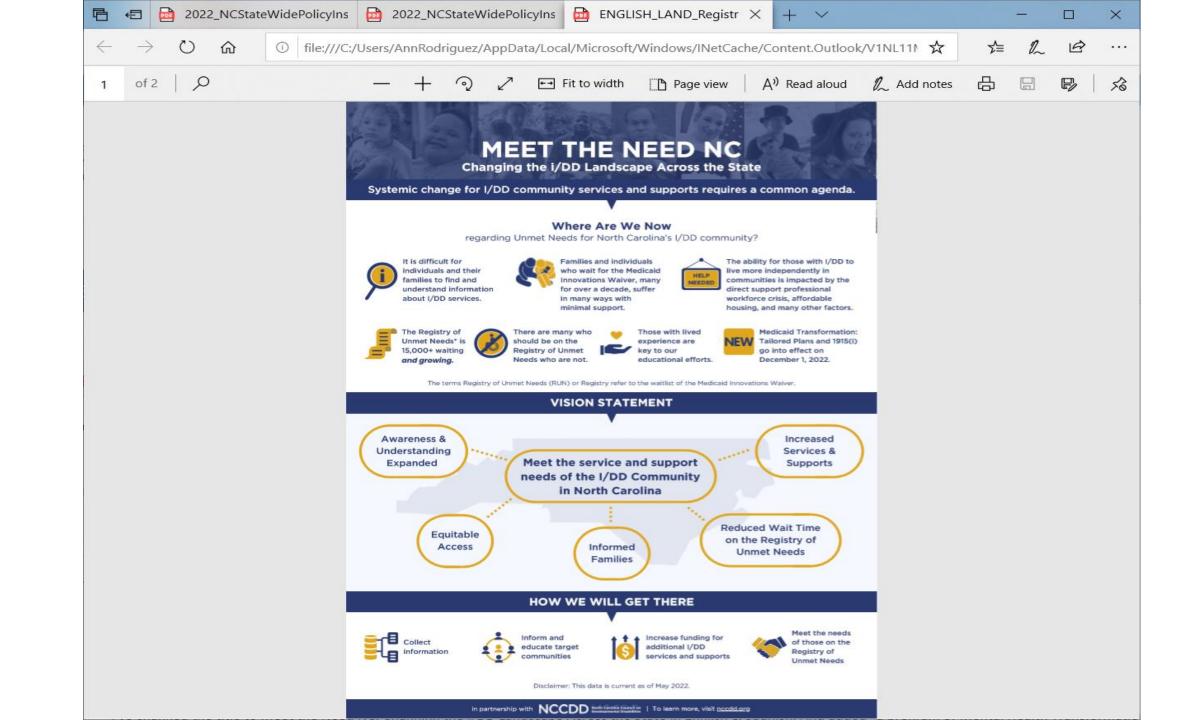
- How is the DSP shortage impacting you?
- What do you need to get the most out of services and supports?

# Resources for You as an ADVOCATE:

- ► Use QR Code on Meet the Need NC flyer to get on the mailing list!
- ▶ NC General Assembly Website
- ► NC Council on Developmental Disabilities
- ► NC Department of Health and Human Services
- ▶NC Department of Public Instruction
- ► Exceptional Children's Assistance Center
- ► Associations and Organizations:
  - ► The Arc of NC
  - Autism Society of NC
  - ► <u>i2i center for Integrative</u> Health
  - MHTA/LAND (facebook)

# MEET THE NEED NC

Changing the I/DD landscape across the state





# REGISTER TODAY!

20 NC Statewide
22 PCLICY INSTITUTES

**OCTOBER 19 & OCTOBER 26** 

JOIN US FOR A FREE POLICY EVENT













# Questions and Discussion

### To reach us:

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