

January Events!



WHO WE ARE...

Family Support Network of NC has supported families of loved ones with developmental disabilities, behavioral health challenges and special healthcare needs for 40 years! We are caregivers like you. We provide information, caring connections and opportunities to grow as a family.

BUILDING LEADERSHIP SKILLS FOR SPANISH SPEAKING PARENTS

Are you or someone you know a Spanish speaking parent of a child with special needs? This workshop may be for you! Join our bilingual presenters to explore how to be a voice for change...whether you are in an IEP meeting, at a community meeting or talking to a legislator.

Your family and your stories matter!

**Los padres de habla hispana que asistan a este evento son elegibles para un estipendio!*

TO REGISTER CLICK THE FLYER



¿ES USTED UN PADRE QUE?

- ◀ ¿QUIERES MÁS HERRAMIENTAS PARA DEFENDER A TU HIJO?
- ◀ ¿QUIERES PARTICIPAR PARA IMPULSAR EL CAMBIO?
- ◀ ¿QUIERES MARCAR LA DIFERENCIA EN TU COMUNIDAD?

¡ESTE TALLER ES PARA TI!

CONVERTIRSE EN UN INFLUENCIADOR DE LIDERAZGO

- ✓ COMPRENDER LOS FUNDAMENTOS DE LAS JUNTAS Y COMITÉS COMUNITARIOS
- ✓ OBTENGA INFORMACIÓN SOBRE CÓMO USAR LA HISTORIA DE SU FAMILIA PARA IMPULSAR EL CAMBIO

**22 DE ENERO DE 2026
6:30-8:30 PM**

ESTE TALLER VIRTUAL SE OFRECE EN ASOCIACIÓN CON:



**HAGA CLIC
AQUÍ
¡PARA
REGISTRARSE**

2026 FOCUS ON FAMILY AND DISABILITY SEMINAR SERIES

The 2nd Tuesday of the Month, 12:00 Noon – 1:30 pm

Intellectual and Developmental Disabilities and Palliative Care: Integrating Comfort, Support, and Accessibility



A live-stream presentation by
Melissa Levin, MSW, LICSW
January 13, 2026 | 12:00–1:30 pm

This presentation will explore the concept of palliative care, including its continuum for individuals with chronic, noncurative, and end-of-life illnesses. Attendees will learn how disability-affirming approaches can make palliative care more accessible and foster meaningful partnerships with individuals with developmental disabilities. Practical resources will be shared, along with two case examples to illustrate key concepts. The session will include small-group breakouts for deeper discussion and reflection.

COST \$25

- Discounts and scholarships available to eligible participants.*
- Fee Waived for current UNC-SSW students, staff, faculty, field instructors, and task supervisors.*
- Additional \$6 for category A credit for psychologists.

*For available coupon codes, discounts and scholarships, send email to finnigan@unc.edu

LIVE STREAMING ONLY – All seminars are provided through live-stream via Zoom.

REGISTER at <https://sswevents.unc.edu/family-and-disability>

Community Members and Families who do not need Continuing Education credits can register for free by clicking on the [Easy Meeting Link](#).

ADA STATEMENT If you require any of the auxiliary aids or services identified in the Americans with Disabilities Act in order to participate in this program, please email us at finnigan@unc.edu no later than ten business days before the program.

Additional questions? Contact Marie Finnigan at finnigan@unc.edu

CONNECTION OPPORTUNITY: JANUARY 13

As a part of our 40th anniversary year, we are offering a monthly series just for caregivers. Join us on Saturday, January 17 to talk all things puberty and beyond for youth and young adults with disabilities!

Sexual health is all about growing up and understanding your body. Let's hear from Nellie Galindo, an expert on accessible sexual health to get the facts for our kids! Click on the flyer to the right to register for this free opportunity!



LEARNING OPPORTUNITY: JANUARY 13, 12-1:30

People with Intellectual and Developmental Disabilities are often left out of important life planning. When individuals have chronic, noncurative and end of life illnesses, this planning is even more crucial for them to take part in. Join us as we talk about accessibility in palliative care for individuals with disabilities.

Families and Community Members can click [HERE](#) to register for free.
Licensed professionals can register [HERE](#) for CEUs.



Puberty... and Beyond! How to talk to your child about puberty, relationships, and sexuality
Virtually on January 17th, 2025
11:00 AM-12:00 PM

Scan Here or Click



Nellie Galindo, MSW, MSPH (she/her) is the founder and CEO of Accessible Sexual Health LLC, where she provides sexual health education and resources to individuals with disabilities, as well as their family members and disability-serving organizations. Nellie graduated from UNC Chapel Hill's School of Social Work and Gillings School of Global Public Health in 2013.

For more information about events across our network, check out our events page online at

Fsnnnc.org

1-800-852-0042

FSNNNC.ORG

