

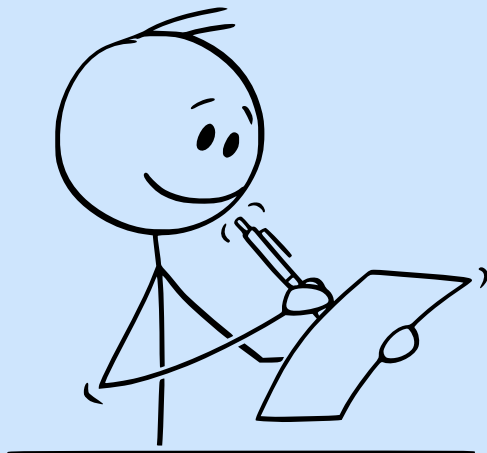
Transition Planning with Trey: Healthcare



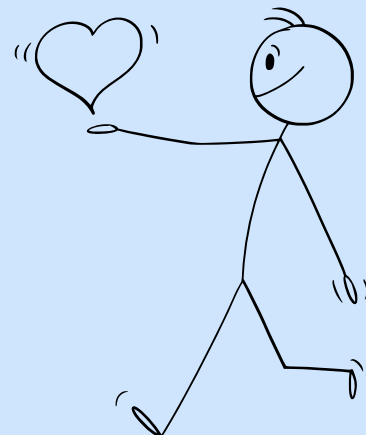
As an adult, it is important for me to have a primary care provider. It's important for me to know at what age my pediatrician no longer sees adults.



When I am 18, we plan to apply for me to receive Medicaid, which is a government healthcare plan for people with disabilities. Medicaid is also important for me to be able to access home and community based services as an adult.

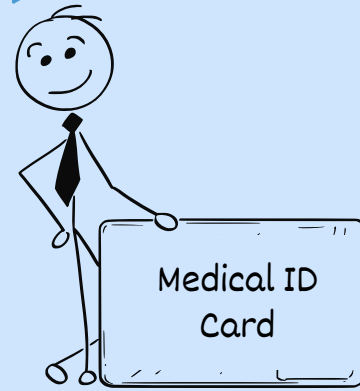


I may want to pursue a romantic relationship. My trusted adults and I should ensure that I know how to do that safely.

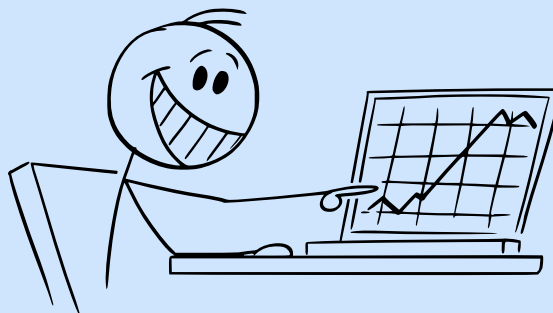




My trusted adults taught me that my mental health is just as important as my physical health. I found a therapist in the mental health section of Work Together NC's website.



My trusted adult gave me my own health insurance card! I keep it in a safe place. I also keep a medical ID card in my wallet in case of emergencies, which includes information like my allergies, diagnosis, and emergency contact.



I am working on taking on more responsibility in my healthcare. For example, I am learning how to make my own appointments and login to my online health portal.