## Transition Planning with Trey: Supported Decision-Making & Alternatives to Guardianship



My rights as a person with a developmental disability may change when I leave high school. My family and I should know about these changes so that I am ready for adulthood.

The "age of majority" in NC is 18, which means my legal status will change. My care partner and I should <u>find out how this may</u>



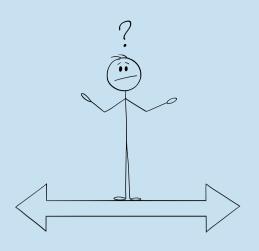


Before I turn 18, my family and I should consider how I will make decisions for myself and explore options for me to be my own guardian. I can explore those options <u>here.</u>



My family or support team should consider helping me set up a <u>power of attorney or</u> <u>healthcare power of attorney</u> for when I turn 18. I can still be my own guardian, even if someone else has power of attorney.





Trusted adults can help make important, life-changing decisions, like managing my money and medical care. This is called <u>supported decision making</u>.

Even if we decide that it is best for someone else to be my guardian, I can still help my guardian make decisions that will impact my life.