



CAREER AWARENESS AND EXPLORATION ONLINE RESOURCES

CATEGORY	RESOURCE	DESCRIPTION	WEBSITE
CURRICULUM	Skills to Pay the Bills: Mastering Soft Skills for Workplace Success	A curriculum developed by ODEP focused on teaching “soft” or workforce readiness skills to youth, including youth with disabilities.	http://tinyurl.com/gu8nfhu
	The Educator’s Toolkit on Career and Education Planning	This toolkit provides easy access to classroom activities, lesson plans, and related web-based resources. Each module includes a module description, lesson plans with student handouts, recommended websites for additional information, and a glossary for the unit.	http://tinyurl.com/mknqqg9
	Building the Classroom Connection	Building the Classroom Connection presents strategies for connecting workplace experiences to classroom lessons and activities.	http://tinyurl.com/hppq4cu
	YouthRules.gov	Know the dos and don’ts for your employment situation. This comprehensive toolkit will provide you information to help you make the most of your work experience.	http://tinyurl.com/hpmquro

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CURRICULUM	Vocational Information Center	The Vocational Information Center website is an education directory that provides links to online resources for career exploration, technical education, workforce development, technical schools and related vocational learning resources.	http://tinyurl.com/6mgy62t
	Nebraska Department of Labor's Career Readiness Modules	These modules will help users improve basic skills for job readiness. The career development process includes awareness, exploration, preparation, and application of those skills, culminating in life-long career management.	http://tinyurl.com/owfou38
	SAFETY	This guide gives you the facts you need to stay safe and healthy at work.	http://tinyurl.com/hpmquro
JOB SHADOWS	How-To Guide for Job Shadows	This How-to Guide for Job Shadows is a step-by-step guide to developing job shadows for individuals and groups of students that interest and bene it students, workplace partners, and teachers.	https://oregongearup.org/sites/oregongearup.org/files/publications/jobshadowguide.pdf

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MENTORING	PAVING THE WAY TO WORK: A Guide to Career-Focused Mentoring for Youth with Disabilities	This guide is intended to serve as a primary resource for individuals designing mentoring programs for youth, including youth with disabilities, in the transition phase to adulthood.	http://www.ncwd-youth.info/publications/paving-the-way-to-work-a-guide-to-career-focused-mentoring/
	National Mentoring Resource Center	The National Mentoring Resource Center provides a collection of mentoring handbooks, curricula, manuals, and other resources that practitioners can use to implement and further develop program practices.	http://tinyurl.com/glwlyxg
	E-Connect Curricula	The E-Connect curricula are lesson plans written for teachers to guide the email communications between mentors and mentees participating in the e-mentoring program.	http://tinyurl.com/jfueh93
	Ready to Achieve Mentoring Program (RAMP)	RAMP™ is based on a variety of foundational materials developed by the Institute for Educational Leadership, Center for Workforce Development's two national technical assistance centers: National Collaborative on Workforce and Disability for Youth (funded by the U.S. Department of Labor's Office of Disability Employment Policy) and National Consortium on Leadership and Disability for Youth.	http://tinyurl.com/ze6w6kb

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WORKPLACE TOURS	How-To Guide for Workplace Tours	This How-to Guide for Workplace Tours is a step-by-step guide to developing workplace tours for groups of students that interest and benefit students, workplace partners, and teachers.	http://tinyurl.com/z4lulhs
CAREER EXPLORATION AND RESEARCH	O*NET Online	O*NET OnLine is a web-based application that provides user-friendly access to occupational information contained in the O*NET database.	http://tinyurl.com/lqkxb77
	CAREERwise Education Career Exploration tool	Not only can you explore careers but you can see the skills required for each career.	https://careerwise.minnstate.edu
	Mr. B's Career Exploration Website	Extensive amount of material: Activities, Assessments, Career Information, Soft Skills Curriculum Resources, etc.	http://tinyurl.com/hgrpujl
	mySkills myFuture	Explore all kinds of careers, match skills to careers, view job openings for those careers, where to train for them, and where you may go for an apprenticeship.	http://tinyurl.com/glxw2f7



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INFORMATIONAL INTERVIEWS	Skype In The Classroom	Virtual exchange with a partner / Informational Interviews	http://tinyurl.com/hef5s7l
PARENTS AND CAREER EXPLORATION	College Career Life Planning for Teacher to Share with Parents	Flyers with great information for parents on career exploration	http://tinyurl.com/jyjparm http://tinyurl.com/htgevtj