

HELP US DESIGN INCLUSIVE FITNESS PROGRAMS FOR ADULTS WITH ID



We are looking for English-speaking adults (18+) with a diagnosis of intellectual disability, their caregivers, and a coaching partner to participate in a research study together at UNC Chapel Hill!

What to expect

- Participate in our 16-week exercise program
- Attend 4 to 6 study visits
- Compensation information provided upon request



If you are interested, please contact:

PACEProgram@unc.edu
or 919-966-4761

